SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Introduction:

Unlock Your Potential: A Super Curriculum for Independent Learning

At Samuel Whitbread Academy we believe that learning should extend far beyond the classroom. That's why we've designed an exciting and dynamic Super Curriculum, offering you the opportunity to dive deeper into subjects, explore your unique interests, and ignite a lifelong passion for learning.

This curriculum goes beyond traditional lessons, providing you with a range of engaging activities and resources that inspire curiosity, creativity, and critical thinking. Whether you're fascinated by history, passionate about science, or keen to discover new skills in the arts or languages, our Super Curriculum allows you to explore the subjects you love, at your own pace, and in your own way.

By taking part in these enriching experiences, you'll not only expand your knowledge but also develop the independence, confidence, and enthusiasm that will serve you for years to come. It's all about embracing learning as an exciting journey—one where you have the freedom to choose your path, challenge yourself, and grow beyond the standard curriculum. Let's embark on this adventure together and see where your interests take you!

Employers or universities will be interested to hear about the Super Curricular activities you have engaged with. For them, it is evidence of your ability to work independently and to take the initiative and be proactive in improving your knowledge and experience. These are highly valued and impressive skills and provides you with content to discuss and explore at interview.

There are 5 types of activity available that are explained on the next page. We have created activities for each subject across all three Key Stages. However, don't let that restrict you, please challenge yourself to complete activities in an alternative key stage to your own.

Instructions:

Choose the subject area and type of activity that interests you, choose a task and complete it, write a brief paragraph explaining your learning, and take a picture if applicable. Next step, in order for us to recognise your work and reward you accordingly, we need you to send us evidence by attaching it to, and submitting it, via this Google form:

https://forms.gle/FVaWxMaM7pnEVrnj9

It will only take a couple of minutes, but means a member of staff will receive a notification and be able to look through your submission. Please use the last question to upload your evidence.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Activity Type:	Activity explanation:
Read	'Read' activities provide the opportunity for you to read around your subject, add depth to your understanding and discover new insights into the subjects that you study. These can include both fiction and non-fiction material to engage your interest and extend your knowledge.
Listen	'Listen' activities include podcasts that are amusing, entertaining, extend your knowledge, and engage you in a wide range of topics linked to the subjects that you study in school. You could listen on the bus or access it throughout your day.
Watch	'Watch' activities allow you into the world of fascinating documentaries which will extend your understanding and broaden your knowledge 'horizons'. This could also include films or drama series that may become your latest 'binge watch'.
Visit	'Visit' activities provide the opportunity to gain cultural capital with friends or family. We are lucky to live in a country where access to many museums is free, there are also lots of events or historical sites that you can attend and immerse yourself in. *Please don't feel limited by the options provided in the 'visit' tasks set, should you be lucky enough to travel in this country or beyond in the school holidays, please do snap a photograph and write a brief explanation of where you have been, and send it in on the google form.*
Create	'Create' activities provide the opportunity for you to showcase your creativity through a wide range of mediums. Such as write your own play, poem, art masterpiece or song.

Top Tips for Exploring your Subject:

- Be open minded and prepared to try new things.
- Compare and contrast different things you have explored. Can you find any connections?
- Don't take all information at face value, ask questions and challenge what you come across.
- Reflect on what you have learnt, what is your opinion?
- Share and discuss what you have discovered with friends and family.
- ENJOY the process of learning and discovery!

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Rewards:

To celebrate your involvement in the Super Curriculum we would like to reward you for your hard work, and your willingness to challenge yourself. The following awards will be distributed and celebrations arranged to recognise your participation:

1) For successfully completing 20 activities you will receive: a Super Curriculum Gold badge, 3 praise points and be invited with your parents/carers to the High Attainers (HA) Celebration Evening to receive your Gold certificate. You will also be rewarded with a 'jump the queue' lunch pass or a week and will also be entered into a prize draw to win an Amazon Voucher.

2) For successfully completing 10 activities you will receive: a Super Curriculum Silver badge, 2 praise points, and be invited with your parents / carers to the HA Celebration Evening to receive a Silver certificate. You will also be rewarded with a 'jump the queue' lunch pass for 3 days.

3) For successfully completing 5 activities you will receive: a Super Curriculum Bronze badge, 1 praise point and be invited with parents / carers to the HA Celebration Evening to receive a Bronze certificate. You will also be rewarded with a 'jump the queue' lunch pass for a day.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Contents Page

Subject	Key Stage	Page Number
Art & Design	KS3 KS4	5 6
Business	KS4	7
Computer Science & IT	KS3 KS4	8 9
Dance	KS3 KS4	10 11
Drama	KS3 KS4	12 13
Design & Technology	KS4	14
English	KS3 KS4	15 16
Film & Media	KS3 KS4	17 18
Food	KS4	19
French	KS3 KS4	20 21
Geography	KS3 KS4	22 23
Health & Social Care	KS4	24
History	KS3 KS4	25 26
Maths	KS3 KS4	27 28
Music	KS3 KS4	29 30
Philosophy, Religion & Ethics	KS3 KS4	31 32
PE	KS3 KS4	33 34
Psychology	KS4	35
Science	KS3 KS4	36 37
Sociology	KS4	38
Spanish	KS3 KS4	39 40

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Art and Design KS3 Year 9

Aims: To challenge students to go beyond the curriculum, understanding broader relevance inspiring creativity.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Story of Art by E.H. Gombrich A classic and accessible introduction to the history of art, covering major movements and artists across centuries. • Drawing on the Right Side of the Brain by Betty Edwards A great resource to develop drawing skills and understand the cognitive processes of seeing and creating. • The Letters of Vincent van Gogh by Vincent van Gogh Insightful letters from van Gogh, offering a glimpse into the mind of one of history's most iconic artists.
Listen	• The Art History Babes Podcast A fun, approachable podcast where four young art historians discuss various topics within art history. • ArtCurious Podcast Focused on the weird, wonderful, and obscure stories in art history, this podcast takes listeners on a journey into lesser-known art stories. • In Our Time: Art (BBC Radio 4) A series of in-depth discussions about art history, focusing on movements, periods, and individual artists.
Watch	• Exit Through the Gift Shop (2010) – Directed by Banksy A captivating documentary on street art, highlighting the underground scene and artists like Banksy. • The Great Art Robbery (Channel 4) A unique show where members of the public are guided through creating their own art in response to famous works. • The Impressionists (BBC) A BBC documentary series about the Impressionist movement and its key artists. • Frida (2002) – Directed by Julie Taymor A film about the life and work of Mexican artist Frida Kahlo, exploring her unique artistic vision and turbulent personal life.
Visit	• The Tate Modern (London) A world-renowned gallery showcasing contemporary art and major movements. • The National Gallery (London) A must-see for classical Western art, featuring works by Rembrandt, Turner, and Van Gogh. • The Victoria and Albert Museum (London) A vast collection of design, fashion, and art history, perfect for exploring craft-based work. • The Imperial War Museum (London) Offers insights into how war is depicted in art and its role in documenting history.
Create	• Drawing Style: Experiment with techniques like portraiture and still life. • Mixed Media Projects: Combine materials like charcoal, watercolors, pastels, and ink for textured, layered compositions. • Sculpture/3D Work: Create small sculptures with clay, wire, or recycled materials, exploring form and structure. • Photography and Digital Art: Use a camera or smartphone to capture and edit images with software like Photoshop or free apps.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Art and Design KS4

Aims: To challenge students to go beyond the curriculum, understanding broader relevance inspiring creativity.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Story of Art by E.H. Gombrich – A comprehensive introduction to the history of art, focusing on key movements and artists. • Ways of Seeing by John Berger – A pivotal book on the interpretation of art. • Art and Visual Culture: A Reader edited by John A. Walker and Sarah Chaplin – A collection of essays on critical theory, art history, and contemporary practice.
Listen	• The Lonely Palette – A podcast that helps make sense of art history and its impact on the present. • ArtCurious Podcast – A fun, often surprising look at art history, with deep dives into famous and lesser-known artists. • Classical music by composers like Claude Debussy or Maurice Ravel can enhance concentration and creativity, useful when working on art. • Brian Eno's "Music for Airports" – Ambient music to stimulate creative thinking.
Watch	• Abstract: The Art of Design (Netflix) – A series that profiles influential designers from various fields, such as graphic design, illustration, architecture, and photography. • The White Cube – An exploration of the contemporary art gallery system, especially relevant for students considering art curation. . • Studio 54 – Documentary on the famous New York nightclub – Explores a fusion of art, culture, and society in the late 20th century. • Watch an episode of the Portrait artist of the year and create your own portrait piece. https://www.bbc.com/reel/playlist/portrait-of-an-artist
Visit	• The Higgins Bedford – A museum with collections spanning art history and design. • MK Gallery (Milton Keynes) – Regular contemporary art exhibitions to explore modern artistic practices. • Cambridge Open Studios – An opportunity to see the work of local artists and engage with them about their processes. • The London Design Festival – A festival that celebrates design in all its forms, perfect for those interested in graphic design, product design, and more. • Explore large-scale public art installations or sculptures in nearby parks and public spaces. For example, visit The Angel of the North in Gateshead or The Fourth Plinth in Trafalgar Square, London.
Create	• Drawing: Set daily or weekly sketchbook challenges, such as drawing objects from life, practicing figure drawing, or experimenting with different techniques (charcoal, ink, digital). • Printmaking: Practice lino printing, screen printing, or mono printing to develop skills in texture and pattern making. • Sculpture: Experiment with clay, wire, and found objects to create 3D work, developing an understanding of form and space.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Business KS4

Aims: To broaden and develop your knowledge and understanding of Business and how theory is used in the real world.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Screw It, Let's Do It by Richard Branson – A look at entrepreneurial spirit and risk-taking. • The Lean Startup by Eric Ries – Insight into innovation and business startups. • How I Made It: 40 Successful Entrepreneurs Reveal All by Rachel Bridge – Real-world examples of business success stories
Listen	• Podcast - How I Built This by Guy Raz – Interviews with entrepreneurs. • Podcast - The Diary of a CEO by Steven Bartlett – Real-life lessons from top business leaders. • Planet Money by NPR – Fun and accessible explanations of economic concepts. • BBC Radio 4's In Business – Explores contemporary business issues.
Watch	• Inside the Factory (BBC) – Explore production processes. • Steve Jobs: The Man in the Machine – Insight into Apple's development. • The Apprentice – Understand pitching, teamwork, and marketing strategies. • Dragon's Den – Learn about business pitches and investment. • TED-Ed Business playlists – Animated videos explaining business concepts. • Biz Kids – Designed to teach young entrepreneurs.
Visit	• Local Businesses: Visit local shops, restaurants, or service providers to understand customer service and operations. • National/Global Businesses: Tour a factory or manufacturing site (e.g., Jaguar Land Rover). • Explore interactive exhibitions at the Museum of Brands in London. • Educational Visits: Attend open days at universities offering business courses. • Visit the Bank of England Museum to learn about monetary policy and economics. • Events: Attend business expos or local markets to observe entrepreneurship in action.
Create	• Design a business plan for a startup idea using a template (e.g., available from GOV.UK or online tools like Canva). • Include market research, pricing strategies, and marketing campaigns. • Create a mini advertising campaign for a product or service. • Design a social media strategy for a local business. • Enter the Tycoon Enterprise Competition by Young Enterprise.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Computing KS3

Aims: To nurture inspired individuals who not only understand how technology works but have the vision and power to create it.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Computer Coding for Kids by Carol Vorderman – An accessible guide to learning coding concepts. • How to Code: A Step-by-Step Guide to Computer Coding by Max Wainewright – Perfect for beginners starting with Scratch and Python. • Adventures in Raspberry Pi by CA Philbin – A hands-on book for creating fun Raspberry Pi projects. • Articles on Code.org about the importance of coding. • Blog posts on Raspberry Pi Foundation. • Hello World magazine – Focused on computing education. • Wired magazine – Inspires curiosity about technology and its future.
Listen	• Hello World Podcast – Stories from innovators in tech. • The EdSurge Podcast – Explores the role of technology in education. • CodeNewbie – Stories from people starting their coding journeys. • Hackers: Heroes of the Computer Revolution by Steven Levy the early days of programming.
Watch	• CrashCourse Computer Science – A complete beginner's guide to computing. • Code.org – Inspiring videos about coding and real-world applications. • Computerphile – Explains fascinating computer science concepts in an engaging way • The Code: Story of Linux (BBC) – Insight into open-source software development. • The Great Hack (Netflix) – How data impacts our digital lives. • Inside Bill's Brain: Decoding Bill Gates (Netflix) – Examines innovation Hidden Figures – Showcasing the role of computers (and people) in NASA's space program.
Visit	• The National Museum of Computing (Bletchley Park) – Explore the history of computing and the Enigma machine. • Science Museum (London) – Discover the history of technology in the Information Age Gallery. • The Centre for Computing History (Cambridge) – Learn about the evolution of computers through interactive exhibits.
Create	• Create a simple game using Scratch. • Build a basic website using HTML and CSS following instructions from projects.raspberrypi.org • Develop a chatbot in Python with free resources like Raspberry Pi Code Editor. • Try attempting your own code breaking challenge at: https://schoolcodebreaking.com • Build a simple circuit with a micro:bit.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Computing KS4

Aims: To nurture inspired individuals who not only understand how technology works but have the vision and power to create it.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Listen	Podcasts: ● Hello World Podcast – Stories from innovators in tech. ● The EdSurge Podcast – Explores the role of technology in education. Audiobooks: ● Hackers: Heroes of the Computer Revolution by Steven Levy – Chronicles the early days of programming. ● The Innovators by Walter Isaacson - people who created modern technology. Ask your parents: ● Do some research into computers from 30 years ago. Ask your family what computers they had when they were at school.
Watch	YouTube Channels ● See how we have used computers to solve mathematical problems: The Four Colour Map Theorem Numberphile ● CrashCourse Computer Science – A complete beginner's guide to computing. ● The Code: Story of Linux (BBC) – Insight into open-source software. ● The Great Hack (Netflix) – How data impacts our digital lives. ● Inside Bill's Brain: Decoding Bill Gates (Netflix) – Examines innovation and problem-solving. ● Hidden Figures – Showcasing the role of computers in NASA's space program.
Visit	● The National Museum of Computing (Bletchley Park) – Explore the history of computing and the Enigma machine. ● The Centre for Computing History (Cambridge) – Learn about the evolution of computers through interactive exhibits.
Create	Programming Projects: ● Develop your python programming skills by challenging yourself to complete as many tasks on w3schools as you can. ● Attempt your own code breaking challenge at: https://schoolcodebreaking.com Hardware Projects: ● Raspberry Pi – Why not get yourself a credit card sized computer? There are so many projects you can complete with this tiny computer. Take a look here for inspiration: https://raspberrypi.org/magpiissues/ Projects_Book_v1.pdf

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Dance KS3

Aims: To challenge students to go beyond the curriculum, and seek out cultural capitol opportunities in order to enhance their passion for Dance.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Articles from *Dance Magazine* or *Dancing Times* about current dance trends, influencers, and viral choreographies (search for recent interviews and features on TikTok dance trends). • *Dance Like a Champion* by Charissa W. Jackson – A guide to overcoming obstacles and developing resilience in dance.
Listen	• Listen to different genres of music to explore how music influences dance (classical, hip-hop, jazz, and contemporary). • Recommended artists: Stravinsky (for classical ballet), Beyoncé (for hip-hop and commercial dance), and Janet Jackson (for musicality in movement).
Watch	• *YouTube Dance Tutorials*: Channels like *Matt Steffanina*, *Kyle Hanagami*, and *Dance Tutorials Live* break down current viral dances and teach them step by step. • *World of Dance* (YouTube) – Watch for cutting-edge choreography in various styles, from hip-hop to contemporary, and see how modern technology influences performance. • *So You Think You Can Dance* – Offers a range of styles, with a focus on innovation in choreography and emerging dance genres. • Search for choreography breakdowns on YouTube for popular dances from genres like hip-hop, street dance, contemporary, and jazz. Channels like *The Dance Complex* and *Dance Tutorials Live* offer step-by-step guides.
Visit	• Attend a local contemporary dance performance or ballet (check out venues like the *Sadler's Wells Theatre* in London for contemporary shows or *The Royal Opera House* for classical performances). • Look out for workshops and live performances organized by major dance studios such as *Pineapple Dance Studios* in London.
Create	• Participate in or create your own choreography challenge using a trending song or viral dance. • Collaborate with fellow dancers to create a group routine. • Keep a dance journal documenting movements, creative ideas, and reflections after classes or personal practice.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Dance KS4

Aims: To challenge students to go beyond their learning and nurture their creativity, understanding of movement, and appreciation for dance as an art form.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Fifty Contemporary Choreographers by Martha Bremser • Ballet and Modern Dance by Susan Au • Matthew Bourne and his Adventures in Motion Pictures – Edited by A Macaulay • Akram Khan Creative Insights by Lorna Sanders • *The Dance Current* – A dance magazine that explores contemporary dance performances, new works, and innovation in the field.
Listen	• The Dance Edit Podcast – Interviews with choreographers, dancers, and industry experts discussing the latest happenings in the dance world, including the impact of social media and viral dance challenges. • The Dance Podcast – Explores personal stories of dancers, discussing both their creative journey and the impact of digital platforms like YouTube and Instagram.
Watch	• The Nutcracker (Various versions to appreciate classical ballet performance) • The Truth About Dance (BBC Three) – This documentary examines the effect of social media and dance on youth culture, exploring how viral dances can shape identity. • Various Matthew Bourne ballets on BBC and YouTube; Swan Lake, Nutcracker, Cinderella, Edward Scissorhands. • ZooNation Dance company on YouTube or live in theatre; check website for touring dates.
Visit	• Attend a local contemporary dance performance or ballet (check out venues like the Sadler's Wells Theatre in London for contemporary shows or The Royal Opera House for classical performances). • Milton Keynes Theatre for touring dance and musical theatre shows. • Look out for workshops and live performances organized by major dance studios such as Pineapple Dance Studios in London.
Create	• Keep a dance journal documenting movements, creative ideas, and reflections after classes or personal practice. • Choreograph your own dance solo or group dance. Ask for teacher feedback and support and perform it at a school dance show. • Run a dance club at school and choreograph routines for younger students.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Drama KS3

Aims: To support students to go beyond the curriculum to extend and deeper their knowledge and passion for Drama.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Curious Incident of the Dog in the Night-Time by Simon Stephens: A modern adaptation of the popular novel, exploring themes of neurodiversity and family dynamics. • The 39 Steps adapted by Patrick Barlow: A humorous, fast-paced adaptation of the classic thriller, perfect for exploring comedy and farce in modern theatre. • Girls Like That by Evan Placey: A powerful play about the impact of social media and cyberbullying on young people, particularly young women.
Listen	• "The National Theatre Podcast": Offers insights into productions and interviews. • "Drama School Dropout": Features discussions with actors and directors. • Soundtracks – listen to how mood, tension and storytelling is supported by music: • Sound track to War Horse at The National Theatre • https://www.youtube.com/watch?v=EK89VshuTnM&list=PL6mLCUqoR42OnfAWDRwmmFd_Z61PIhAOM&index=2
Watch	• Interviews and clips from The National Theatre Production of *"The Curious Incident of the Dog in the Night-Time"* by Simon Stephens https://www.youtube.com/watch?v=k2bV75ITXJw • https://www.youtube.com/watch?v=RYDFdY3IZBM • Full play of *Girls Like That* by Evan Placey https://www.youtube.com/watch?v=Cx2KDNusk9E • The 39 steps short clips – 4 actors play 150 characters in this play! • https://www.youtube.com/watch?v=Iu0F4f3Ij_w
Visit	• The acclaimed National Theatre production of "War Horse" is scheduled to perform at the Milton Keynes Theatre from April 22 to May 3, 2025. ATG Tickets • Evening Shows: Monday to Saturday at 7:30 PM • Matinees: Wednesdays and Saturdays at 2:30 PM • Visit the National Theatre on London's Southbank –take a backstage tour. • https://www.nationaltheatre.org.uk/your-visit/things-to-do/
Create	• Scriptwriting: Write short scenes or monologues, focusing on character development and dialogue. Use the understanding you have gained from READING plays first. • Technical Design:Design set models or lighting plans for a chosen play, considering how technical elements enhance storytelling. Use what you have WATCHED, plus online research, to guide you. • YouTube Tutorial: A Tutorial in Set Design (Drama at KS3 & KS4) • This online tutorial covers various aspects of set design, including staging types and practical tips, tailored for students. YouTube

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Drama KS4

Aims: To support students to go beyond the curriculum to extend and deeper their knowledge and passion for Drama, preparing them for exams and further study.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Contemporary Plays: The Curious Incident of the Dog in the Night-Time by Simon Stephens: A modern adaptation of the popular novel. • *Things I Know to Be True* by Andrew Bovell: A poignant family drama that examines relationships and identity. • Girls Like That by Evan Placey: A powerful play about the impact of social media and cyberbullying on young people, particularly young women. • Classic Plays: Oedipus Sophocles (author), Emily R. Wilson (translator) • Theory: *An Actor Prepares"* by Constantin Stanislavski: An essential read on naturalistic acting technique. BBC Bitesize – the techniques of non-naturalistic practitioner Bertolt Brecht https://www.bbc.co.uk/bitesize/guides/zwmvd2p/revision/9
Listen	• The National Theatre Podcast: Offers insights into productions and interviews with theatre professionals. • Drama School Dropout: Features discussions with actors and directors about their experiences in the industry.
Watch	• Interviews and clips from *"The Curious Incident of the Dog in the Night-Time."* • https://www.youtube.com/watch?v=k2bV75ITXJw • https://www.youtube.com/watch?v=RYDFdY3IZBM • Things I know to be True, trailer and cast interview • https://www.youtube.com/watch?v=1zftxPS65HQ • https://www.youtube.com/watch?v=u-JX8ynDL-w • Full play of Girls Like That by Evan Placey • https://www.youtube.com/watch?v=Cx2KDNusk9E • See Ms Keen about National Theatre Login if you are studying GCSE Drama and have forgotten how to use it.
Visit	• The acclaimed National Theatre production of "War Horse" is scheduled to perform at the Milton Keynes Theatre from April 22 to May 3, 2025. ATG Tickets Evening Shows: Monday to Saturday at 7:30 PM Matinees: Wednesdays and Saturdays at 2:30 PM • Visit the National Theatre on London's Southbank – you good take a backstage tour which is amazing. https://www.nationaltheatre.org.uk/your-visit/things-to-do/
Create	• Scriptwriting: Write short scenes or monologues, focusing on character development and dialogue. Use the understanding you have gained from READING plays first. • YouTube Tutorial: A Tutorial in Set Design (Drama at KS3 & KS4) This online tutorial covers various aspects of set design, including staging types and practical tips, tailored for students. YouTube Use what you have WATCHED, plus online research, to guide you.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Design and Technology / Product Design

Aims: To further challenge students understanding of design and technology beyond the curriculum while broadening their understanding of cultural, scientific and social relevance in relation to design.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Design of Everyday Things – by Don Norman • Product Design – by Alex Milton • 100 Things Every Designer Needs to know About People – by Susan M Weinschenk • Design for the real world – by Victor Papanek • Inspired: How to Create Tech Products Customers Love - by Marty Cagan
Listen	• Talking DT Podcast by Dr Alison Hardy – Sharing the latest news, views, ideas and opinions about D&T. Also includes interviews with DT teachers, researchers and academics from the DT community. • Designed for Life - Podcasts and career videos are brought to you to entertain, inform and inspire. By the Design Association • Design Matters by Debbie Millman - Weekly episodes, Interviews from talks to designers from various fields. • TED Tech – All the news about the latest technology containing an insightful look at our ever-changing world.
Watch	• Big Life Fix (BBC series) - See how a group of the UK's leading inventors create new solutions for people in desperate need. • The Apprentice (BBC series) – Watch how a group of businesspeople are task with designing and launching new products onto the market. • Grand Designs - Kevin McCloud's Grand Designs follows elaborate architectural projects from conception to completion. • Dragons Den (BBC series)– Hopeful innovators looking for investment to help launch new products onto the market
Visit	• Design Museum - exhibits product, industrial, graphic, fashion, and architectural design. • New Designers - A London showcase of the UK's most innovative art and design talent. • Land Rover factory tour - Go behind the scenes of Solihull's facility with a guided tour and witness what it takes to bring to life some of the UK's most iconic vehicles.
Create	• Draw: Have a sketch book and draw anything that inspires you or when you have that eureka moment for an innovative product. • Recycle: Notice how much packaging materials a typical household goes through and consider alternatives while reusing certain materials for modelling purposes. • Scrap book: Collect samples of materials, inspiration articles, influences etc… • Grow and Make: Cultivate certain plants i.e. bamboo, so to have your own supply of materials. • Portfolio: Show experience of using different media and, computer programs and drawing techniques.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: English KS3
Aims: This super-curriculum is designed to enrich students' understanding and appreciation of literature, engage them in various forms of artistic expression, and connect classroom learning to the broader world of language and literature.

Activity Type:	**Activity Instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Classic Literature: "To Kill a Mockingbird" (Lee) or "1984" (Orwell) • Contemporary Novels: "The Curious Incident of the Dog in the Night-Time" (Haddon) or "The Hate U Give" (Thomas) • Poetry Collections: "The Poems of Wilfred Owen" or "Amazement Awaits: Poems for Teenagers" (Various authors) • Non-Fiction: Articles from "The Guardian" or "The Observer" or "I Am Malala" (Yousafzai) • Graphic Novels: "Persepolis" (Satrapi) or "Maus" (Art Spiegelman)
Listen	• Podcasts: "The Penguin Podcast" or "LeVar Burton Reads" • Audiobooks: Select a classic novel, such as "Great Expectations" (Dickens) or "The Hobbit" (Tolkien) • Poetry Readings: Masterpieces in the Making: Listening to Selected Poems by Famous Poets; attend live poetry slams or readings if available.
Watch	• Film Adaptations of Literature: "To Kill a Mockingbird" (1962) or "The Outsiders" (1983) • Documentaries: "The Power of a Poet" - A documentary about the impact of poetry in society; "This Is Britain: An Epic History" - Examining major historical events through literature • Theatre: attend a local performance of a Shakespeare play or a modern adaptation. • Book-related YouTube Channels: "Crash Course Literature" or "The Book Tutor"
Visit	• Literary Landmarks: visit sites such as The Charles Dickens Museum, London or Stratford-upon-Avon (Shakespeare's birthplace). • Libraries/Bookshops: explore local libraries or independent bookshops for literary events and author signings. • Art Galleries/Museums: visit exhibitions that showcase the relationship between literature and visual arts. • Workshops: participate in writing or drama workshops offered by local community centres or educational institutions.
Create	• A Writing Portfolio: create a collection of different poems. • Participate in Competitions: engage in local or national writing competitions. Submit your entry and ask for support from your English teacher (e.g., Foyle Young Poets of the Year or Poetry by Heart) • Visual Storytelling: create a comic strip or graphic novel based on an original story or a reimagining of a classic tale.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: English
Aims: This super-curriculum is designed to enrich students' understanding and appreciation of literature, engage them in various forms of artistic expression, and connect classroom learning to the broader world of language and literature.

Activity Type:	**Activity Instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Classic Novels: "Pride and Prejudice" by Jane Austen or "Lord of the Flies' by William Golding or "Frankenstein" by Mary Shelley • Contemporary Texts: "The Curious Incident of the Dog in the Night-Time" by Mark Haddon or "The Hate U Give" by Angie Thomas • Poetry: Selected poems from the British Romantic poets (Wordsworth, Keats) or Modern poets (Carol Ann Duffy, Simon Armitage) • Drama: "An Inspector Calls" by J.B. Priestley or "Blood Brothers" by Willy Russell • Short Stories: A collection of diverse short stories (consider authors like Alice Munro, Roald Dahl)
Listen	• Podcasts: "The Poetry Podcast" for insights into poetry and poet interviews or "Literary Disco" for discussions on various literary works and topics. • Audiobooks: Listen to the audiobooks of your GCSE set texts to enhance comprehension and appreciation. • Author Talks: Listen to author interviews or discussions via platforms like YouTube or literary podcasts.
Watch	• Theatre Productions: Attend a local or national theatre production of one of the GCSE set texts (e.g. "An Inspector Calls"). • Film Adaptations: Watch and analyse film adaptations of classic novels (e.g., "Pride and Prejudice," "1984"). • Poetry Readings: Online or local events featuring live poetry readings or spoken word performances.
Visit	• Literary Landmarks: Visit local libraries, such as The British Library, or museums dedicated to authors (e.g., The Jane Austen Centre) • Book Festivals: Attend literary festivals where authors give readings or talks (e.g., Hay Festival, Edinburgh Book Festival). • Workshops and Events: Participate in local writing workshops or book clubs that focus on contemporary and classic literature. • School Events: Take part in and contribute to setting up school events such as literary nights, poetry slams, or book fairs.
Create	• Writing: Write a short story or a series of poems based on themes studied in class or create a personal blog or diary entry as a modern response to a classic (e.g., "Letters to the Future"). • Multimedia Projects: Develop a visual presentation or video on a chosen text, exploring themes, characters, or context. • Drama: Write and perform a short play or monologue inspired by the themes or characters of your GCSE set texts.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Film and Media KS3

Aims: To broaden and enrich your knowledge and understanding of Film as an aesthetic Medium.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Video Games https://www.bbc.co.uk/bitesize/guides/z2g7p39/revision/1 • Film - https://www.bbc.co.uk/bitesize/guides/z9hrwxs/revision/1 • Advertising - https://www.bbc.co.uk/bitesize/guides/z2p4qty/revision/1 • TV - https://www.bbc.co.uk/bitesize/guides/zc8tv4j/revision/1 • Magazines - https://www.bbc.co.uk/bitesize/guides/zcpgdmn/revision/1
Listen	• Podcasts focused on past and present films: • Kermode and Mayo's Take • The Empire Film Podcast • Films to be buried with by Scott Goldstein • How did this get made?
Watch	• The Language of Film https://www.youtube.com/watch?v=V7ZHd1xU2w8&list=PL8dPuuaLjXtN-Bd-H_TGq72CN50Fpv_JX&index=6 • Movies are Magic https://www.youtube.com/watch?v=avAALYc7jw8&list=PL8dPuuaLjXtN-Bd-H_TGq72CN50Fpv_JX&index=1 • The First Movie Camera https://www.youtube.com/watch?v=pKSmcmueTbA&list=PL8dPuuaLjXtN-Bd-H_TGq72CN50Fpv_JX&index=3
Visit	• https://nationalfilmandscifimuseum.com/ - National Film and Sci-fi Museum • https://www.wbstudiotour.co.uk/ - Warner Brothers Studio Tour • http://www.cinemamuseum.org.uk/ - The Cinema Museum
Create	• Construct a model of a film set. Use a shoe box as a basis for your set, and then design the rest of the set using materials you have available to you. • Take a photo for each of the following shot types: Extreme Long Shot (XLS), Long Shot (LS), Medium Long Shot (MLS), Medium shot (MS), Medium Close Up (MCU), Close Up (CU), Big Close Up (BCU) and Extreme Close Up (XCU) • Design a new film poster for an existing Disney film of your choice. You should make sure that your poster includes: film name, tagline, release date, actors, production details and feature a main image.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Film and Media KS4

Aims: To broaden and enrich your knowledge and understanding of Film as an aesthetic Medium.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Books focused on how to critically read Film: • Screen Media – Analysing Film and Television by Jane Stadler • Essential Guide to Understanding, Analysing and Writing on Film – Tim Caldwell • Analysing film content: A text-based approach – Andrew Vassiliou
Listen	• Podcasts focused on past and present films: • Kermode and Mayo's Take • The Empire Film Podcast • Films to be buried with by Scott Goldstein • How did this get made?
Watch	• The Language of Film https://www.youtube.com/watch?v=V7ZHd1xU2w8&list=PL8dPuuaLjXtN-Bd-H_TGq72CN50Fpv_JX&index=6 • Movies are Magic • https://www.youtube.com/watch?v=avAALYc7jw8&list=PL8dPuuaLjXtN-Bd-H_TGq72CN50Fpv_JX&index=1 • The First Movie Camera https://www.youtube.com/watch?v=pKSmcmueTbA&list=PL8dPuuaLjXtN-Bd-H_TGq72CN50Fpv_JX&index=3
Visit	• National Film and Sci-fi Museum • https://nationalfilmandscifimuseum.com/ • Warner Brothers Studio Tour https://www.wbstudiotour.co.uk/ - • The Cinema Museum http://www.cinemamuseum.org.uk/
Create	• Construct a model of a film set. Use a shoe box as a basis for your set, and then design the rest of the set using materials you have available to you. • Produce a 20 second smash edit sequence of your morning school routine. This could include getting out of bed, making breakfast, brushing teeth etc. Shoot and edit on your phone, using either IMovie, Capcut or Splice. • Choose a sequence from a film, and write a 300 word analysis of how cinematography and mise en scene help to construct meaning for audiences.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Food Preparation & Nutrition

Aims: To challenge students to explore food, nutrition, and culinary arts beyond the curriculum and understand their broader cultural, scientific, and social relevance

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Bee Wilson – First Bite: How We Learn to Eat • Michael Pollan – In Defense of Food and The Omnivore's Dilemma • Tim Spector – Spoon-Fed: Why Almost Everything We've Been Told About Food is Wrong • Ruby Tandoh – Eat Up! Food, Appetite and Eating What You Want • Niki Segnit – The Flavour Thesaurus
Listen	• Gastropod Podcast – Exploring food through the lens of history and science. • The Sporkful Podcast – A fun and insightful look into the world of eating. • Off Menu – Food and culture through dream menus. • BBC Good Food Podcast – Tips, trends, and recipes from culinary experts.
Watch	• The Great British Bake Off – Analysis of food presentation and skill under pressure. • Inside the Factory (BBC) – Insight into food production processes in the UK. • Salt Fat Acid Heat (Netflix) – Understanding the four basic elements of cooking. • Cooked (Netflix) – Exploration of the cultural history of food preparation. • Jamie Oliver's Food Revolution – Investigating the importance of healthy eating in schools.
Visit	• A local farmers' market – Identify seasonal produce and understand local sourcing. • Borough Market (London) or similar – Explore diversity in food cultures. • Food museums, such as the Museum of Brands (London), focusing on food packaging and history. • A local food bank or community kitchen – Understand food security and how communities address food poverty.
Create	• Cook: Recreate dishes inspired by world cuisines, focusing on balanced nutrition. • Experiment: Test the impact of different cooking methods (e.g., steaming, roasting, frying) on the flavour and nutritional value of vegetables. • Plan: Design a week-long meal plan for a specific dietary requirement (e.g., vegetarian, gluten-free, or diabetic-friendly). • Grow: Plant and maintain your own herbs or vegetables at home. Record their growth and incorporate them into meals. • Recipe Book: Develop a recipe book focusing on healthy, affordable meals for students. • Blog/Vlog: Document your culinary experiments and reflections on food culture. • Infographic: Design an infographic explaining the Eatwell Guide or the environmental impact of food choices.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: French KS3

Aims: To challenge students to go beyond the curriculum, understanding broader cultural elements of the francophone culture.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Le Petit Nicolas by René Goscinny – A humorous collection of short stories about a French schoolboy. • Astérix et Obélix comics – Fun, accessible comics with cultural references. • Monsieur Ibrahim et les Fleurs du Coran by Éric-Emmanuel Schmitt – A short novel exploring themes of friendship and identity (suitable for advanced readers).
Listen	• Coffee Break French – Great for beginner and intermediate learners. • Le Petit Journal – Simple news podcasts for students. • Listen to French artists like Stromae, ZAZ, Louane, GIMS, Camille Lellouche
Watch	• Les Choristes – A heartwarming story set in a boarding school, with great cultural insights. • Coco avant Chanel – A biographical film about Coco Chanel (advanced themes). • Ratatouille – An animated film set in Paris, perfect for connecting language and culture. • Learn French with Alexa- Youtube Channel. • À la rencontre des Français – Explore life in different regions of France.
Visit	• Explore galleries or museums with French connections, such as the National Gallery (art by French artists like Monet or Cézanne). • Use TripAdvisor to find French restaurants nearby.
Create	• Create a French culture scrapbook with topics like famous landmarks, food, and traditions. • Design a travel poster for a region of France (e.g., Provence or Brittany).

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: French KS4

Aims: To challenge students to go beyond the curriculum, understanding broader cultural elements of the francophone culture.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Le Petit Prince by Antoine de Saint-Exupéry – A classic French novella exploring deep themes through simple language. • Une fois pour toutes – A grammar reference book with practice exercises. • Candide by Voltaire – An accessible introduction to French philosophy and literature (for advanced students). • Phosphore – A French teen magazine covering culture, current affairs, and more.
Listen	• Coffee Break French – Great for beginner and intermediate learners. • Le Petit Journal – Simple news podcasts for students. • Listen to French artists like Stromae, ZAZ, Louane, GIMS, Camille Lellouche,
Watch	• Off the hook- a light hearted comedy series about technology addiction • La Haine – A thought-provoking film about life in the suburbs of Paris (suitable for advanced students). • Intouchables – A heartwarming film about an unlikely friendship. • Learn French with Alexa- Youtube Channel. • L'Empreinte – A documentary exploring French culture and identity.
Visit	• Explore galleries or museums with French connections, such as the National Gallery (art by French artists like Monet or Cézanne) • Use TripAdvisor to find French restaurants nearby.
Create	• Create a French culture scrapbook with topics like famous landmarks, food, and traditions. • Design a travel poster for a region of France (e.g., Provence or Brittany).

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Geography KS3

Aims: To academically stretch and challenge year 9 geography students beyond the taught curriculum

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Big Book of the Blue by Yuval Zommer – A beautifully illustrated introduction to ocean ecosystems. • Volcanoes by DK Eyewitness – A visually engaging guide to volcanic processes. • Extreme Weather by H. Michael Mogil – Learn about weather systems. • If the World Were a Village by David J. Smith –profound exploration of global diversity. • This Is Not A Drill by Extinction Rebellion – Insights into climate change and activism. • National Geographic Kids - Nat Geo Kids – Fun articles about wildlife and geography, • BBC Bitesize KS3 Geography • Cool Geography – KS3 topics explained with quizzes and activities.
Listen	• BBC Earth Podcast – Stories about the wonders of the natural world. • National Geographic: Overheard – Global exploration stories. • The Big Melt – A podcast about climate change, tailored for younger audiences. • GeogPod – Geography-focused discussions (good for older KS3 students)
Watch	• BBC iPlayer: Earth's Seasonal Secrets • David Attenborough Documentaries Planet Earth and Blue Planet • GeoGraph – Short videos explaining geographical concepts. • National Geographic Kids – Bite-sized videos on nature and the environment. • The Day After Tomorrow – Fictional yet thought-provoking take on climate change. • Moana – Explores Polynesian navigation and island life.
Visit	• Coastal Landscapes -Visit a nearby coastline to explore erosion, deposition, and coastal management (e.g., Dorset's Jurassic Coast or Norfolk's Hunstanton). • National Parks The Lake District or Snowdonia to study glaciation or the Peak District. • Urban Geography - Visit a major city like London, Manchester or Birmingham transport. • Museums - Natural History Museum, London – Geology, ecosystems, and climate exhibits. • Eden Project, Cornwall – Biomes and sustainability-focused learning. • Zoos and Aquariums -Chester Zoo or ZSL London Zoo for biodiversity studies. • Virtual Field Trips - Discover the World Education – Free online fieldwork tours.
Create	• Microclimate Investigation Measure temperature, wind speed, and light intensity in your local area. Compare results from different locations. • Create a 3D volcano or river system to understand processes like erosion, deposition, or tectonic activity. • Write a Travel Blog Research a country or city and write about its geography.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Geography KS4

Aims: To challenge students to go beyond the curriculum, understanding broader relevance.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Tim Marshall's series' – The Future of Geography, The Power of Geography, Prisoners of Geography, Divided and The Age of Walls • Mike Berners-Lee – There is no Planet B • Dharshini David – The Almighty Dollar • Hans Rosling – Factfulness • Alistair Bonnett – Off the Map
Listen	• National Geographic Magazine & Weekend • 80 Days: An Exploration Podcast • The Mapscaping Podcast: GIS, Geospatial, Remote Sensing • Geographical Association: GeogPod • The Geographical Podcast
Watch	• Slumdog Millionaire – life within the shanty towns of Mumbai • Brassed Off – industry decline in the UK • The Day After Tomorrow – dramatic climate change impacts • Twister – the formation and impact of twisters • Dante's Peak – shows most of the features of a volcano • Earthstorm – Netflix series on tornadoes, volcanoes and earthquakes
Visit	• Visit your local river – look specifically at the erosion, transportation and depositional features. • Visit a beach – look at its shape, features, and the wave characteristics. • Visit the London Docklands Museum and Canary Wharf – report on the economic changes throughout the 20th and 21st Century. • Visit the South Coast of the UK – look at the Jurassic coastlines formation.
Create	• Write an OS map story; write an adventurous story using OS map symbols (to replace words). • Draw a field sketch of a scene in your local area; then annotate it with physical and human geographical features. • Create a guide to all of the GIS (graphing) such as pictograms, proportional symbol maps, bar graphs.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Health & Social Care KS4

Aims: To challenge students to go beyond the curriculum, broadening their understanding on the health and social care sectors.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Health and Social Care Handbook by Lizzy Lewis – A comprehensive guide that covers the core areas of the subject. • The Social Work Companion by Steve Rogowski – Offers insight into social work. • "The Spirit Catches You and You Fall Down" by Anne Fadiman – Ideal for exploring the importance of cultural competence in health and social care.
Listen	**Podcasts:** • The Social Work Podcast – Discusses challenges facing social workers. • Mental Health Foundation Podcast – Covers a wide range of mental health topics **Audiobooks:** • Being Mortal: Medicine and What Matters in the End by Atul Gawande – A thoughtful exploration of aging, end-of-life care, and the role of medicine. • The Immortal Life of Henrietta Lacks by Rebecca Skloot – A fascinating story about ethics in healthcare, medical research, and patient rights.
Watch	**Documentaries:** • The NHS: A People's History (BBC) – Explores the development of the NHS. • Inside the Care Crisis (Channel 4) – A deep dive into the UK's social care system. **YouTube Channels:** • Khan Academy Health & Medicine – Educational videos covering medical and health topics. • TEDx Talks on Health and Social Care discussing topics such as mental health, aging, and healthcare. **Films:** • A Beautiful Mind – A portrayal of mental health issues and schizophrenia. • The Untouchables – An inspiring film about disability and the power of friendship.
Visit	**Healthcare Facilities:** • Visit a local hospital or GP surgery to learn first-hand about healthcare systems, patient care, and roles in health services. • Arrange a tour of a care home or social care facility to explore how care is provided. **Community Services:** • Organise a visit to a mental health service or charity organisation.
Create	**Projects:** • Design a Health Promotion Campaign – Create health promotion materials like posters, leaflets, or short videos on topics such as mental health, physical well-being • Case Study Presentation – Create a case study on a health or social care issue, conducting research, and presenting findings using multimedia tools like PowerPoint.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: History KS3

Aims: To challenge students to go beyond the curriculum and provide cultural capital opportunities.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Read When Hitler stole pink rabbit by Judith Kerr – write a short review. • Read Luck of the Titanic by Stacey Lee - write a short review. • Read Dream Country by Shannon Dibney – write a short review. • Read The Book Thief by Markus Zusak – write a short review. • Other options: Historical Novels YA
Listen	• Listen to episodes from Dan Snow's 'History Hit' Podcast: *there are hundreds!* • Listen to Your Dead to Me podcasts and note interesting points. Your Dead to Me • Listen to the podcasts on extraordinary women, read by extraordinary women Rebel Girls • Listen to BBC black history podcasts : Black History Podcasts choose one and note key points.
Watch	• Watch the film Warhorse (2011). Write a short review. • Choose a documentary on black history from BBC iPlayer to watch and write notes on: Black History Documentaries • Watch this Christmas Lecture on the importance of fire in human evolution BBC4 Christmas Lecture 2024 • Watch "Hidden Figures" a film about the black women who helped NASA send people to space.
Visit	• Visit the Imperial War Museum and make a scrapbook of the information you learn from there about life for soldiers and civilians during WW1 / WW2. • Visit the Victoria and Albert Museum in London – what can you learn about clothing and fashion? • Visit the British Museum – what collection did you find most interesting – report back on key facts and the reason for your interest. • Visit a local historic site – The Glenn Miller museum, Wrest Park, Wimpole Hall, the Shuttleworth Collection and report on your visit.
Create	• Create and deliver class presentation on the importance of commemorating Holocaust Memorial Day. • Write an essay in response to the following: "War always does more harm than good" Do you agree? • Research the lives and stories of local soldiers in WW1 at: https://www.everyonerememb ered.org/ Can find any of your ancestors on there? • Design a propaganda poster promoting life on the Home Front to be used by the British government during WW2.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: History KS4

Aims: To challenge students to go beyond the curriculum and provide cultural capital opportunities.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Read a piece of historical fiction relating to a topic we have studied e.g. 'The Boy who Dared' by Susan Campbell Bartoletti (on the Hitler Youth) write a paragraph review. • Read a biography or autobiography of an historical figure we have studied as part of your GCSE, write a short report on what you have learnt. • Read the Wolf Hall series by Hilary Mantel • Choose a novel from a list like this, to read and report back on: Historical fiction for teens
Listen	• Listen to episodes from Dan Snow's 'History Hit' Podcast: *there are hundreds!* • Listen to this interesting podcast about the treatment of medieval witches. • Interview a grandparent or elderly neighbour. Make notes or a recording. Find out about their childhood or wartime experience and write up the interview. • Listen to 'Your Dead to Me' podcasts and note interesting points. Your Dead to Me • Listen to the Rest is History podcasts by Dominic Sandbrook and Tom Holland and note interesting points: The Rest is History
Watch	• Watch the film "Hitler: The Rise of Evil" – available on Netflix and YouTube at: Hitler - Rise of Evil • Watch an episode of the Queens who changed the world series. Report back key points. • Watch Britain's Bloodiest Dynasty documentary on Henry II – report back on the key points. • Watch the series Wolf Hall about Henry VIII on BBC iPlayer Wolf Hall • Watch a history documentary on iPlayer, Netflix (for example) with some link to the history courses you take.
Visit	• Visit places of religious significance or cultural significance. Report on the impact. • Visit the Museum of London Docklands that has the largest permanent black history exhibition – write a report on what you have learnt. • Visit the Imperial War Museum in London or Duxford – write a short report on what you have learnt. • Visit one of our local stately homes – write a short report on what you have learnt.
Create	• Design a revision resource for a key topic we have studied and share it with the rest of your class. • Create a detailed timeline for each historical period we have studied including a • minimum of 25 events. • Just War Theory; what rules do you think should govern warfare today? Write no more than five rules to update the Just War Theory for modern warfare. • Research how your local area has changed from the medieval times to the present day. Draw a timeline showing what you see as key moments.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Maths KS3

Aims: To challenge students to go beyond the curriculum and provide cultural capital opportunities.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Read "Humble Pi" by Matt Parker – write a report • Alex's Adventures in Numberland by Alex Bellos – write a report • How long is a piece of string by Rob Eastaway – write a report • Things to make and do in the fourth dimension by Matt Parker – write a report • 1089 and all that by David Acheson – write a report
Listen	• A brief history of Mathematics by Marcus du Sautoy – BBC Podcast • Women in Math: The Limit Does Not Exist – Podcast • The Universe Speaks in Numbers - Podcast • Simon Singh's Numbers – BBC Sounds Podcast
Watch	• https://mathigon.org/courses and complete a course on Pythagoras' Theorem • https://mathigon.org/courses and complete the course on Circles and Pi • The Magic of Primes lecture - https://www.youtube.com/watch?v=qyctvtlIKu8 • Hans Rosling lecture: A fact based world view requires open data https://www.youtube.com/watch?v=um5vdYcMmCE
Visit	• Visit Bletchley Park – report back on the significance of code breaking • Mathematics: The Winton Gallery – report back on the historical artefacts you saw • Bank of England – report back on the economic and financial history of the UK
Create	• Create a presentation that gives an overview of the history of Mathematics • Create a poster that explains Pythagoras' theorem. This needs to go much further than stating the formula and using an example. The poster needs to include at least one proof and a brief history of the theorem. • Create a timeline of Mathematical formula – include when they were discovered and who they were discovered by.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Maths

Aims: To challenge students to go beyond the curriculum and provide cultural capital opportunities.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Things to make and do in the fourth dimension by Matt Parker – write a report • The Language of Mathematics by Keith Devlin – write a report • The Code Book by Simon Singh – write a report • The Music of Primes by Marcus du Sautoy – write a report
Listen	• A brief history of Mathematics by Marcus du Sautoy – BBC Podcast • The history of Mathematics Princeton lectures https://www.youtube.com/watch?v=ZSk63kC9o6U&list=PLs6rMe3K87LGdOC9RVxhcPkh3AIkXWo7V • The Infinite Hotel Paradox – Jeff Dekofsky https://www.youtube.com/watch?v=Uj3_KqkI9Zo
Watch	• https://mathigon.org/courses and complete a course on Sequences and Patterns • https://mathigon.org/courses and complete the course on Combinatorics • Thinking better with Mathematics lecture: https://www.youtube.com/watch?v=4PlmsnyWXMw&t=6s • The Simpsons and their Mathematical Secrets: https://www.youtube.com/watch?v=bk_Kjpl2AaA
Visit	• Visit Bletchley Park – report back on the significance of code breaking • Mathematics: The Winton Gallery – report back on the historical artifacts you saw • Bank of England – report back on the economic and financial history of the UK
Create	• Create a presentation that gives an overview of the history of Mathematics • Create a poster on the proofs of circle theorems

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Music KS3

Aims: To extend students' engagement with music beyond the classroom, exposing them to a range of musical experiences that will enhance both their knowledge and passion for music.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Oxford Companion to Music – This comprehensive reference book provides a thorough understanding of music history, theory, and terminology. • This Is Your Brain on Music by Daniel J. Levitin – An accessible exploration of how music affects our brains and our emotions. • The Story of Music by Howard Goodall – A great read for understanding the evolution of music from ancient times to the present.
Listen	• Beethoven's Symphony No. 9 – Understand classical structure and the emotional power of orchestral music. • Michael Jackson's "Thriller" – A key pop album that changed the music industry; explore its production and genre-blending styles. • Miles Davis' "Kind of Blue" – A classic album in jazz that emphasizes improvisation and modal jazz.
Watch	• The Last Waltz (1978) – A concert film by Martin Scorsese, documenting The Band's final performance, providing insight into live performances and rock music history. • Whiplash (2014) – A drama about a young jazz drummer's intense training, exploring themes of ambition, discipline, and artistry. • The Magic of Music – A series of documentaries that explore the evolution of music through different genres and periods.
Visit	• The Royal Opera House (London) – Attend a live performance or take a guided tour of one of the most iconic venues for classical music and opera. • St Albans Cathedral – Visit for a choir performance or organ recital to experience the acoustics and grandeur of a historical musical venue. • The British Music Experience (Liverpool) – Explore an interactive museum dedicated to the history of British music, from the Beatles to modern pop. • Live Concerts and Gigs – Attend local performances, whether it's a school concert or professional performances at venues like The Bedford or The Forum in Hatfield.
Create	• Composition Challenges – Try composing short pieces based on different styles: classical, jazz, or popular. Use music technology such as Sibelius, Finale, or GarageBand. • Covering a Song – Choose a song from any genre and arrange it for a different combination of instruments, or perform your version with a twist. • Digital Music Production – Learn basic music production using free software like Audacity or Soundtrap. Create an electronic music track or remix a popular song.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Music KS4

Aims: To extend students' engagement with music beyond the classroom, exposing them to a range of musical experiences that will enhance both their knowledge and passion for music.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.

Read	• Sheet Music for Classical & Contemporary Works – Engage with different genres by reading sheet music, starting with simple classical pieces and branching into contemporary music. Recommended works include:
	  ○ Beethoven's "Symphony No. 5"
	  ○ Adele's "Someone Like You"
	  ○ John Williams' "Theme from Star Wars"
	• "How to Read Music" by Nigel Howlett – A beginner-friendly guide to understanding music notation and theory.

Listen	• The Beatles' "Rubber Soul" – An album that influenced rock and pop music with its innovative approach to harmony and songwriting. • Ludovico Einaudi – "Una Mattina" – Minimalist piano music that allows students to explore modern classical genres. • Tchaikovsky's "Nutcracker Suite" – A quintessential piece in classical ballet music with rich orchestration.
Watch	• BBC's "Young Musician" – A television competition showcasing young musicians and offering a glimpse into professional music performance. • "Classic Albums" Series (Various Artists) – Documentaries that break down the creation of iconic albums (e.g., The Beatles' "Sgt. Pepper's Lonely Hearts Club Band").
Visit	• The Barbican Centre (London) – Experience classical and contemporary performances from world-renowned musicians and orchestras. • The London Jazz Festival – Attend performances and workshops from jazz musicians and discover more about this influential genre. • Music Workshops & Masterclasses – Participate in workshops at venues like The Royal Academy of Music or The Royal College of Music, offering hands-on experiences with professional musicians and educators. • Museum of Music History – Explore any nearby museums or exhibitions focusing on the history of music, from the Musical Instrument Museum to exhibitions on famous composers and musical eras.
Create	• Sound Design – Experiment with creating sound effects using digital audio workstations (DAWs) or by recording real-world sounds and manipulating them. • Collaborative Composition – Work with peers to compose a piece that blends different musical genres, focusing on collaboration and team dynamics. • Improvisation Exercises – Practice improvising with an instrument (e.g., piano, guitar, or even voice) to enhance creativity and spontaneity.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: PE KS3

Aims: This super-curriculum is designed to enhance students' knowledge and experience in physical education, promoting a holistic understanding of sports

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Sports Gene: Inside the Science of Extraordinary Athletic Performance by David Epstein Explores the genetics and science behind athletic ability and performance. • How to Win at Sports Psychology by Dr. John F. Murray A guide on the mental aspects of performance, focusing on motivation, anxiety, and focus. • The New Power of the Heart: Activating the Intelligence of the Heart by Doc Children and Howard Martin - Discusses the importance of emotional well-being in sports and life.
Listen	The following podcasts are either informative or entertaining • The rest is football • The rugby pod • High performance • The netball show podcast
Watch	• The Last Dance (Netflix) A documentary series focusing on Michael Jordan's career and the 1997-98 Chicago Bulls. • Icarus (Netflix) A documentary that investigates doping in sports and the implications it has on athletes and integrity. • Simone Biles documentary (Netflix) An insight into Simone Biles journey and successes. An understanding of how to deal with pressure at the highest level
Visit	• Attend after school clubs - Take part in activities that you do not normally partake in • Observe teachers - lead after school sessions and enquire with the member of staff why they have delivered the session in that way. • Visit local sporting fixtures. Attend a local club game • Visit professional sporting facilities • Visit local sports centres – investigate what classes/sessions are available to you
Create	• Design Your Own Training Program Create a tailored fitness regime or sport-specific training plan. • Develop a Blog or Vlog Share your fitness journey, favourite workouts, or sports experiences. • Plan a School Sports Event or Competition Get involved in organizing a friendly competition or sports day for students.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: PE KS4
Aims: This advanced super-curriculum is designed for KS4 students to delve deeper into the multifaceted world of physical education, exploring theoretical foundations, contemporary issues, and practical applications, health, and wellness.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Science of Sport: Encyclopaedia of Sport Science A comprehensive guide covering various aspects of sports science, including physiology, biomechanics, and psychology. • Sports & Exercise Physiology by Terry McMorris and William Harold George Examines the physiological responses to exercise and how they influence performance. • Social Theory of Sport by Joseph Maguire Analyses sports through a sociological lens, exploring power dynamics, identity, and globalization.
Listen	• The Science Podcast by The Guardian Discusses current scientific research, including sports science and health-related topics. • The High Performance Podcast Interviews with top athletes and sports personalities reveal strategies for peak performance and overcoming adversity. • The Happiness Lab with Dr. Laurie Santos Explores the science behind happiness and well-being, often touching on sports and physical activity as factors.
Watch	• Documentaries like "The True Cost" and "Super Size Me" Although not exclusively sports-focused, these films provide insights into global issues impacting sport, such as consumerism and health. • TED Talks on Sports Science, Ethics, and Marketing Inspiring and thought-provoking talks on performance enhancement, fair play, and the commercialization of sports. • BBC Horizon Documentaries Offers deep dives into the science behind various health and sports-related topics, such as the impact of exercise on mental health.
Visit	• Attend after school clubs - Take part in activities that you do not normally partake in • Observe teachers - lead after school sessions and enquire with the member of staff why they have delivered the session in that way. • Visit local sporting fixtures. Attend a local club game • Visit local sports centres – investigate what classes/sessions are available to you
Create	• Conduct Independent Research Projects Investigate topics of personal interest within PE, such as the impact of nutrition on performance or the psychological aspects of team dynamics. • Develop a Sports Science Blog or Vlog Share insights, experiences, and findings on sports science, training methods, and related topics. • Design and Implement a Coaching Session or Training Program Apply theoretical knowledge of sports science to create structured training sessions for peers or younger students.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Philosophy, Religion and Ethics KS3

Aims: This super-curriculum will provide students with a well-rounded exploration of philosophy, religion, and ethics, encouraging critical thinking, personal reflection, and exposure to diverse perspectives. Enjoy the journey into deeper questions about life, ethics, and the universe!

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Republic by Plato (selected excerpts) – Read key dialogues where Plato explores topics like justice, the ideal society, and the philosopher-king. • Ethics: A Very Short Introduction by Simon Blackburn – A clear, accessible introduction to moral philosophy, exploring key ethical theories like utilitarianism. • The Bible" (selected passages) – Explore philosophical themes in religious texts, such as the concepts of free will, morality, and the nature of good and evil. • The Tao Te Ching" by Lao Tzu – A classic text of Taoism that explores the relationship between the individual, the universe, and ethical living.
Listen	• Philosophize This! – An accessible podcast that covers the key ideas of famous philosophers, with insights into topics such as ethics, morality, and the meaning of life. • The Ethics of Aristotle – Explore Aristotle's views on virtue, happiness, and ethics, and consider how these ideas relate to modern moral dilemmas. • Imagine by John Lennon – A song that questions ideals like peace, religion, and the division between people, encouraging reflection on ethics and utopian thinking. • The God Delusion by Richard Dawkins – A prominent book for examining philosophical arguments on atheism, the existence of God, and ethical implication..
Watch	• The Story of Philosophy – a documentary that covers key philosophers and their contributions to ethics, religion and metaphysics, from ancient to modern thinkers. • The Matrix (1999) – A film that raises questions about reality, illusion, and free will, drawing on philosophical ideas like those explored by Descartes and Plato. • 12 Angry Men (1957) – A film that presents ethical questions about justice, prejudice, and moral responsibility, ideal for discussing ethical dilemma. • Crash Course Philosophy – A series of short, informative videos that cover key philosophical topics, including ethics, logic, and the nature of knowledge.
Visit	• Visit a Local Place of Worship: Visit a local religious site, such as a church, mosque, synagogue, or temple, and learn about the ethical teachings. • Visit the British Museum: Explore exhibits on philosophy and ancient moral codes. • Visit a Philosophy Café: Join informal discussions on philosophy, ethics, and religion. • Attend a Lecture on Ethics: Attend public talks on moral philosophy or religion.
Create	• Debate Ethical Issues: Organize debates on ethical dilemmas like lying or animal rights. • Create a Philosophy Journal: Explore questions through writing, art, or music. • Design a Utopian Society: Create a model society based on justice, equality, and happiness.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Philosophy and Ethics KS4

Aims: This super-curriculum is designed to enrich students' understanding of philosophical concepts and ethical issues. By engaging with a range of media, reading materials, and real-world experiences, students will be able to think critically, reflect deeply, and apply philosophical reasoning to ethical dilemmas. Enjoy exploring the world of Philosophy and Ethics!

Activity Type:	Activity instructions: Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Republic by Plato (selected excerpts) – Read key sections of this foundational work, focusing on themes like justice, the ideal state, and the nature of knowledge. • The Ethics of Ambiguity by Simone de Beauvoir – A deep dive into existential ethics, this text will challenge students to think about freedom, choice, and responsibility. • A Short History of Nearly Everything by Bill Bryson – While not strictly philosophy or ethics, this book provides a fascinating exploration of science and existence that can stimulate thinking about philosophical questions related to the universe and human life.
Listen	• The Partially Examined Life – A deep dive into philosophical topics, including ethics, metaphysics, and existentialism, with discussion about key moral dilemmas. • Imagine by John Lennon – This song promotes a vision of a world without division, challenging listeners to reflect on ethics, peace, and the possibility of a utopian society. • The Philosophy of Science by Sean Carroll – Discusses the intersection of science and philosophy, exploring ethics in the context of modern scientific advancements.
Watch	• The Story of Philosophy – A well-rounded series that covers key philosophers from ancient to modern times, exploring their contributions to ethics, knowledge, and politics. • Dead Poets Society (1989) – A powerful drama that explores freedom, individuality, and ethical choices in a school setting • The Fog of War (2003) – A fascinating exploration of ethical decision-making in the context of war.
Visit	• Visit a Museum of Philosophy or Ethics – Explore museums or exhibitions that focus on philosophical thought such as the "Philosophical Investigations" at the British Museum. • Visit a Place of Historical Significance – Visit a historical site tied to ethical or philosophical movements, such as the home of a famous philosopher (e.g., Kant's house in Königsberg or Socrates' historical Athens). • Visit a Religious Institution or Center – Explore the philosophical underpinnings of various religious beliefs by visiting a church, mosque, synagogue, or temple.
Create	• Write a Short Story or Poem – Create a narrative that explores an ethical or philosophical question, such as the nature of good and evil. • Debate Club – Organize a debate in class or with friends on a philosophical or ethical issue, such as "Is it better to live a life of pleasure or a life of virtue?" • Create a Video or Podcast – Produce a video or podcast discussing a philosophical topic or ethical issue, explaining it clearly for a general audience.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Psychology

Aims: To challenge students to go beyond the curriculum and provide cultural capital opportunities.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Curious Incident of the Dog in the Night-Time by Mark Haddon Psychological themes: Autism, social interaction, perception, and perspective. • Flowers for Algernon by Daniel Keyes. Psychological themes: Intelligence, human relationships, ethics, self-awareness, disability • The Perks of Being a Wallflower by Stephen Chbosky Psychological themes: Mental health, trauma, identity, adolescence. • Psychology Today (online) Regularly publishes accessible articles on various psychological topics.
Listen	• Psychology in Everyday Life by Professor Steve Reicher. Listen to his podcasts on relevant topics studied in your GCSE such as Social Psychology. • The British Psychological Society (BPS) Research Digest Podcast • Ted Talks: *The Psychology of Your Future Self*" by Dan Gilbert Topic: Future self, happiness, decision-making, and psychological adaptation • "The Puzzle of Motivation" by Dan Pink. Topic: Motivation, autonomy, and behaviour. • The Hidden Influence of Social Networks" by Nicholas Christakis Topic: Social networks, behaviour, and social psychology.
Watch	• Mindhunter (Netflix). A gripping series about the FBI's early development of criminal psychology and profiling. • "The Good Doctor." (Netflix) Why it's great for psychology students: This medical drama follows a young surgeon with autism and savant syndrome. It provides insight into the challenges faced by individuals on the autism spectrum. • *The Brain: A Secret History* (BBC) An excellent series focusing on how the human brain works, told through historical stories and scientific breakthroughs. • *The Mind, Explained* (Netflix) A visually engaging documentary series exploring various aspects of psychology, such as memory, anxiety, and the brain.
Visit	• The Science Museum (London) Particularly the section on the human mind, offering insights into neuroscience, psychology, and the workings of the brain. • The Wellcome Collection (London) Engages with the science of the mind, health, and human behaviour through a variety of exhibits **and** interactive displays.
Create	• Conduct a self-experiment based on a psychological concept (e.g., memory recall tests, behavioural conditioning, or reaction time tests). • Write about an aspect of psychology that interests you, such as memory, development, or abnormal psychology. Use your own reflections and research

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Science KS3

Aims: To begin to understand more about the world around us and develop a love of all thing's science

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• You have a log on for educake: Read and complete activities outside of your set homework. Log up those extra hours! • Follow this link to read an article on a current science issue and write a report: https://www.bbc.co.uk/news/science_and_environment • Read the 'Horrible Science' books and pick out some interesting facts to make a science fact file
Listen	• Listen to 'Brains on: Science podcast for kids'. Take one of the topics covered and research it further • Listen to Fun Kids Science Weekly podcast and see if you can find a story that you can find even more information on
Watch	• Watch the Royal Institution Christmas Lectures https://www.rigb.org/christmas-lectures • Watch 'The Boy Who Harnessed the Wind' and reflect on how renewable energy resources can work • Watch Green Planet narrated by David Attenborough and pick a species to write a fact file on
Visit	• Search on the Ministry of Science website to find a local show near you: https://ministryofscience.org/ • https://www.cambridgesciencecentre.org/ Visit the Cambridge science centre with your family and show them all you have learnt in science • Visit your local library and see what science books they have!
Create	• Create a working model of the human digestive system • Construct a model of the inner layers of the Earth from waste materials • A science research poster detailing the contribution of an important scientist from the past

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Science KS4

Aims: To explore the science all around us and a gain a lifelong love of learning

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Read 'The Body' by Bill Bryson, write a reflection on which parts link to your GCSE curriculum • Read Periodic Tales by Hugh Aldersley Williams, write a review to encourage others to read it with a star rating • Read Limitless by Tim Peak • Read Women in Science: 50 Fearless Pioneers who changed the world
Listen	• Listen to The Infinite Monkey Cage podcast (BBC sounds) • Listen to Sliced Bread podcast (BBC sounds) and reflect upon the claims of new innovation • Listen to 'This podcast will kill you' https://thispodcastwillkillyou.com/ and learn in detail about a specific disease • Interview a scientist – science teacher or someone else you know in science
Watch	• Watch one of the Royal Institute Christmas Lectures https://www.rigb.org/christmas-lectures • Watch A Theory of Everything and learn about the life of Stephen Hawkings • Watch the Planet Earth series and reflect upon natural selection as well as human impact on the environment
Visit	• Visit the Natural History Museum London / Tring, write a report on the evidence for evolution seen in the variation between organisms • Visit Science Museum in London, create a poster on your favourite science concept or demonstration • Visit the National Space Centre in Leicester and be inspired • Free lectures in Cambridge https://www.public.ast.cam.ac.uk/current-season
Create	• Create a model for a microscopic item such as a plant leaf cross section, or cell or atom • Build a mini power station model showing how a renewable resource produces electricity • Create a model solar system or a molecule such as buckmister fullerene.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Sociology

Aims: To challenge students to go beyond the curriculum and provide cultural capital opportunities.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• The Sociology Review • The Class Ceiling: ways it pays to be privileged – Sam Friedman • Why I'm no longer talking to white people about race – Reni Eddo-lodge • A Glasgow Gang observed – James Patrick • Chavs – Owen Jones • The establishment and how they get away with it – Owen Jones
Listen	• Sociology at the Movies • Teach me a lesson - How equal is your house? • The Social Breakdown • The BSA Podcast (British Sociological Association)
Watch	• The Social Dilemma (Netflix) • The Ascent of Woman (BBC) • Inside the World's Toughest Prisons (Netflix) • Educating Essex • TED Talks on sociological themes, such as inequality, race, gender, and social media.
Visit	• The Museum of London • The British Museum • Young V and A • Magistrates Court • Houses of Parliament
Create	• Start your own blog or journal to reflect on sociological topics to explore your thoughts on a current social issue • Create your own research tool e.g. questionnaire to investigate a social issue that interests you • Create a Social Media Campaign: Use platforms like Instagram or Twitter to raise awareness about an important social issue. Organise or participate in a debate around a controversial sociological topic such as the role of social media in society.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Spanish KS3

Aims: To challenge students to go beyond the curriculum, understanding broader cultural elements of the Hispanophone culture.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• Las aventuras de Isabela by Karen Rowan – A beginner-friendly story following Isabela's adventures in Mexico. • Pobre Ana by Blaine Ray – A simple, relatable story for learners starting out in Spanish. • El Principito (Spanish edition of *The Little Prince*) by Antoine de Saint-Exupéry – A timeless classic in translation. • BBC Bitesize Spanish – A fantastic resource for practicing grammar and vocabulary.
Listen	• Listen to artists such as Shakira, Rosalía and Enrique Iglesias • Try genres like reggaetón, pop latino, and flamenco. • Coffee Break Spanish – An excellent resource for beginner and intermediate learners. • Duolingo Spanish Podcast – Fascinating stories told in both English and Spanish.
Watch	• *Coco* – A vibrant film celebrating Mexican culture and traditions. • *Ferdinand* – An animated story with Spanish themes and settings. • *Zipi y Zape y el Club de la Canica* – A family-friendly Spanish film about two mischievous brothers. • Señor Jordan – Youtube Channel. • Planeta Calleja – A travel show featuring adventures in Spanish-speaking countries.
Visit	• Visit Spanish restaurants or tapas bars and practice ordering in Spanish. • Attend local Spanish language meetups or cultural events.
Create	• Design a Spanish travel brochure for a city like Barcelona or Seville. • Make a vocabulary flashcard deck using Quizlet or hand-drawn cards.

SAMUEL WHITBREAD ACADEMY

THE SUPER CURRICULUM

Subject: Spanish KS4

Aims: To challenge students to go beyond the curriculum, understanding broader cultural elements of the Hispanophone culture.

Activity Type:	**Activity instructions:** Write a paragraph explaining your learning / take a picture, send it in.
Read	• La Casa de la Dentista by David Bowles – A graphic novel designed for language learners. • Frida Kahlo: La pintora de México by Ma Isabel Sánchez Vegara – A simple biography of the famous artist. • El Principito (Spanish edition of The Little Prince) by Antoine de Saint-Exupéry – A timeless classic in translation.
Listen	• Discover Latin American and Spanish artists such as Maluma, J Balvin, and Bad Bunny. • Try genres like reggaetón, pop latino, and salsa. • Coffee Break Spanish – An excellent resource for beginner and intermediate learners. • Duolingo Spanish Podcast – Fascinating stories told in both English and Spanish.
Watch	• *La Casa de Papel (Money Heist)* – A gripping drama about a heist in Spain. • *Elite* – A popular teen drama set in a Spanish private school. • *Voces Inocentes* – A moving story about childhood during the Salvadoran Civil War. • Chef's Table: Spain – Explore Spanish cuisine through the stories of renowned chefs.
Visit	• Visit Spanish restaurants or tapas bars and practice ordering in Spanish. • Attend local Spanish language meetups or cultural events. • Take a salsa, flamenco or bachata dance class in Milton Keynes, Bedford or London.
Create	• Create a presentation about a Spanish-speaking country's culture or history. • Practice a debate in Spanish on current issues. • Plan and describe an imaginary trip to a Spanish-speaking country.