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 GrandUnionHousing

 www.guhg.co.uk

Elevate 2021

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Summer activity programme
for children and young people
aged 8 –17 years

Monday

26 July, 2, 9, 16, 23 August

Indoor outdoor fun
Shefford Youth Hub
3 - 7pm

26 July, 9, 16, 23, 30 August

Use ya feet football
Robert Bloomfield MUGA
4.45 - 5.45pm

- **Outdoor sessions are weather dependant**
- **All sessions are free**
- **We are providing a free hot or cold meal**

Tuesday

27 July, 3, 10, 17, 24, 31 August

Activity day
Shefford Youth Hub

- Allotment grow it
11am - 12pm
- Mindful walks
1 - 2pm
(every fortnight starting 3 August)
- Shefford Skatepark
2 - 4pm
(every fortnight starting 27 July)

27 July, 3, 10, 17, 24 August

Activity sessions
arts / crafts / games
Meppershall Village Hall,
Sapling RM
4.45pm - 6.15pm

Wednesday

28 July, 4, 11, 18, 25 August

Mid week mix up
arts / crafts / games
Roecroft Centre
12 - 3pm

28 July, 4, 11, 18, 25 August, 1 September

STRIVE 123 multi sports

- Park behind Greenacre Centre, Stotfold
3 - 4.15pm
- Riverside MUGA, Stotfold
4.30 - 6pm

28 July, 4, 11, 18, 25 August

Park fun
Clifton Park

- Mobile arts / crafts / games
4 - 6pm
- Fitness fun
5 - 6pm
(28 July, 11, 25 August)

Thursday

29 July, 5, 12, 19, 26 August, 2 September

Weekly activities
arts / sport games
Shefford Youth Hub
2 - 6pm

29 July, 12, 26 August

Drop in and join in
arts / crafts / games
Stotfold Youth Hub
Greenacre Centre
3.45 - 5pm

5 August

Graffiti project
Outside Shefford Morrison's
11am - 3pm

Grand Union Housing Group were awarded holiday activity and food (HAF) programme Government funding via Central Bedfordshire Council to provide free activities and meals for children and young people in the locality.

We are offering a range of activities for ages 8 - 17 years with so that those in need and others take care part in a fun meaningful activity and become aware of healthy choices both with physical movement and nutrition

