



VIRTUAL WELLBEING DROP-INS

Do you want to learn more about feeling happy and calm at home?

Activities and information will be aimed at all children. Younger children may need support from an adult.

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| Thursday 4 th March 2021 | Feeling positive returning to school | Please book through Eventbrite: https://www.eventbrite.co.uk/e/promoting-positive-wellbeing-feeling-positive-returning-school-tickets-140294617979 |
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For more information please contact the Early Help team via Eventbrite



Promoting Positive Emotional Wellbeing Drop-in

Find ways to support
the children and young
people in your life

Free to attend
Via Microsoft Teams

Young People

14:00 -14:30

Parents

14:30-15:00

Gain information,
support and guidance
Resources will be
sent out after each
session