

**YOUR FUTURE STARTS HERE...**



**WHITBREAD  
NETBALL  
ACADEMY**



# WELCOME TO SAMUEL WHITBREAD NETBALL ACADEMY!

Samuel Whitbread Netball Academy is a unique part of the Sixth Form and we are delighted to offer an outstanding educational programme combining first class academic options with a high-performance netball development programme.

Our netball programme is aimed at female students 16 years old and above. Students can study any combination of A-Levels or BTEC's and are ultimately able to create their own unique education program whilst playing and training at a high level and becoming one of our highly esteemed student athletes.

Students must meet the entry requirements of the 6th Form and courses they are applying for. Students wishing to apply For the netball academy, must tick the box on their SWA application form.

# OUR PHILOSOPHY

- Strive to create a player centred learning environment, which focuses on high performance and a winning culture.
- Encourage an environment where players feels comfortable and confident, have a voice, are listened to and are respected.
- Place an emphasis on developing smart, forward thinking, creative players who have the ability to apply their technical and tactical understanding of the game.
- Have a no-nonsense approach to our expectations and do not accept anything but the best from themselves and the players.
- **Aim to not only influence you as an athlete but to create an impact on your time at SWA that will last a lifetime!**

# OUR PURPOSE & VALUES

- To provide our athletes with a performance culture and challenging environment
- To provide a high level training and playing program
- To assist each player to reach their full potential both on and off the court
- To be a reputable Netball Academy

**Enjoyment** – Netball should be enjoyable for all our players

**Winning** – we aim to be competitive and instil a winning culture

**Encourage** our players, coaches and supporters to adhere to exceptional standards and be role-models for the wider Samuel Whitbread community.

# STUDENT ATHLETE EXPECTATIONS

- ✔ Positive behaviour and professionalism is of the utmost importance - you are representing SWA, your team, your family and yourself!
- ✔ Keep up-to-date with your academic studies
- ✔ We expect you to support the ethos and values of SWA
- ✔ Be a role model on and off the court for your peers and the younger year groups
- ✔ Be respectful and honest
- ✔ Adhere to our codes of conduct and high standards
- ✔ Support each other and be part of a culture we are proud to uphold
- ✔ Have fun and enjoy your netball

# WHAT TO EXPECT

- High quality teaching and learning in an outstanding sixth form
- You are a **student** athlete – student comes first!
- 5-6 sessions (including games) per week
- Access to high quality coaching (EN UKCC Level 2 qualified)
- Whitbread Netball Academy Mizuno Kit Pack\*
- Regular games vs local opposition
- Compete in the Bedfordshire Schools League
- Compete in the Sisters n Sport national competition
- Entry to district, county and national competitions (where applicable)
- Individualised player development programmes
- Access to SWA gym for weekly gym sessions



# ADDITIONAL ENRICHMENT OPPORTUNITIES

Additional opportunities may include but are not limited to;

- EN 1st 4Sport Level 1 Coaching Qualification\*
- EN IO Umpiring Qualification or C Award Qualification\*
- Coaching opportunities within BEST schools
- Netball Tour(s)\* (TBC)
- Live fixtures – Herts Uni, Saracens Mavericks & England Roses games\*
- Annual Sports Awards Evening\*
- Guest Speaker Workshops
- Loughborough University Visit\*
- Support and guidance to assist with your applications for Universities in the U.K. or abroad, apprenticeships etc.

\* Additional student cost

**WE ARE NOT JUST A NETBALL COURSE  
- IT'S MUCH MORE THAN THAT. WE WANT TO  
IMPACT YOU BOTH AS A PLAYER AND A PERSON.**



# TRAINING OPPORTUNITIES

Training opportunities include but are not limited to:

- Off-season training programme
- Pre-season training programme
- In-Season training programme
- Ball handling and shooting programmes
- Specialised sessions to develop key skills and tactics
- Strength & Conditioning programmes

## NETBALL TIMETABLE EXAMPLE:

	1	2	3	4	Lun	5	A/S
MonA	Netball P Prep Time	Maths P Prep Time		Chemistry Dr J C Haigh 108		Maths Mr A Beckett 610	
TueA	Chemistry Mr D Hardy 108	Netball Miss J C Trip 901	Biology Miss R E M Fraser 106	Chemistry Dr J C Haigh 108		Netball Miss J C Trip 108	
WedA	Maths P Prep Time	Chemistry Mr D Hardy 108	Chemistry Mr D Hardy 108	Maths Mr P J Fernandes 610		Netball Miss J C Trip 813	
ThuA	Maths Mr A Beckett 610	Biology Mrs J E Ambrose 106	Chemistry Mr D Hardy 108	Chemistry P Prep Time		Biology Mrs J E Ambrose 523	Netball Miss J C Trip 813
FriA	Maths P Prep Time	Biology Mrs J E Ambrose 523	Biology Miss R E M Fraser 106			Maths Mr P J Fernandes 610	
MonB	Chemistry Dr J C Haigh 108	Netball P Prep Time	Chemistry P Prep Time	Maths Mr P J Fernandes 610		Chemistry Dr J C Haigh 108	
TueB	Netball Miss J C Trip 904	Chemistry P Prep Time	Maths Mr P J Fernandes 610	Biology P Prep Time		Netball Miss J C Trip 813	
WedB	Biology Mrs J E Ambrose 106	Maths Mr P J Fernandes 610	Maths Mr A Beckett 610	Biology P Prep Time		Netball Miss J C Trip 106	
ThuB	Biology Miss R E M Fraser 106	Biology P Prep Time	Maths Mr P J Fernandes 610	Biology Miss R E M Fraser 106		Netball Miss J C Trip 813	Netball Miss J C Trip 813
FriB		Netball P Prep Time	Biology Mrs J E Ambrose 106			Chemistry Mr D Hardy 108	

# NETBALL ACADEMY KIT PACKAGE

## COMPULSORY KIT



SWAN Ladies Core  
Short Sleeve Tee  
from £15.60



SWAN Ladies Core  
Polo Shirt  
from £19.60



SWAN Shizuoka  
Tech Fleece  
from £38.80



SWAN Sohei  
Sub Netball Dress  
from £39.99

## ADDITIONAL ITEMS



SWAN Jingasa  
Bobble Hat  
from £12.00



SWAN Authentic  
Netball Short  
from £14.40



SWAN Ladies  
Authentic Singlet  
from £18.80



SWAN  
Backpack  
from £21.90



SWAN  
Terry Hoodie  
from £34.00



SWAN Sapporo Hooded  
Hybrid Jacket  
from £46.00



SWAN  
Bench Jacket  
from £102.00



# THANK YOU!

If you have any questions please email our Director of Netball at [swa-netball@bestacademies.org.uk](mailto:swa-netball@bestacademies.org.uk)

We look forward to receiving your application to be part of the Whitbread Netball Academy.

## WHITBREAD SPORTS ACADEMIES

- Whitbread Football Academy
- Whitbread Rugby Academy
- Whitbread Netball Academy

OPPORTUNITY  
ACHIEVEMENT  
EXCELLENCE




# WHITBREAD SPORTS ACADEMIES

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**BEST**  
BEDFORDSHIRE  
SCHOOLS TRUST