



Welcome to
Samuel Whitbread's
Football Academy!

WHITBREAD
FOOTBALL
ACADEMY





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Whitbread Football Academy

Embarking on a 2 year full-time course means you can study a variety of BTEC and A Level qualifications, to create your own unique Football Education Programme (FEP) and become one of our highly esteemed student athletes.

- *BTEC Level 3 (such as Sports or Business)*
- *A Levels (such as PE and Biology)*
- *5-6 hours per week of high quality coaching (from FA & UEFA fully qualified coaches)*
- *FA 1st 4Sport Level 1 Coaching Qualification*
- *FA Referee Qualification*
- *Coaching opportunities within BEST schools*
- *Excellent choice of post-18 exit routes*



Whitbread Football Academy

Our Philosophy

Who Are We?

The Whitbread Football Academy Programme aims to provide our student athletes access to a structured programme of high level training and competitive fixtures whilst continuing to have the opportunity to study their chosen level 3 academic courses.

We are not just a Football course - It's much more than that. We want to be just a part of your journey.

Our Values

- ✓ Enjoyment - Football should be enjoyable for all our players
- ✓ Winning - we aim to be competitive and instil a winning culture
- ✓ Encourage our players, coaches and supporters to adhere to exceptional standards and be examples to all.

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Our Philosophy

COACHING PHILOSOPHY OF WHITBREAD FOOTBALL

We strive to create a player centred learning environment, that encourages high energy levels and expectations whilst placing an emphasis on developing a players technique on the ball and a tactical understanding of the game through innovative, creative and competitive scenarios.

PLAYING PHILOSOPHY of WHITBREAD FOOTBALL

To play an expansive possession based game that places a focus on hard work and effort on and off the ball. Players are encouraged be creative and take risks but to also be pragmatic in their approach to their decision making within the game.

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Student Athlete Expectations

- ✓ Positive behaviour and professionalism is of the utmost importance - you are representing SWA, your team, your family and yourself
- ✓ Ensure that your enthusiasm for Football is demonstrated equally within your academics
- ✓ We expect you to support the ethos and values of SWA
- ✓ Be a role model on and off the court for the younger year groups
- ✓ Adhere to our codes of conduct and high standards
- ✓ Support each other and support younger SWA teams
- ✓ Have fun and enjoy your Football



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What to expect

- *High quality teaching and learning in an outstanding sixth form*
- *You are a student athlete - student comes first!*
- *4-5 training sessions (including games) per week*
- *Access to high quality coaching (FA UEFA B qualified)*
- *Whitbread Football Academy Nike Kit Pack**
- *Compete weekly in the AOC British colleges East region league (1st & Development)*
- *Entry to the ESFA Super Cup League*
- *Entry to District cup, County cup & Schools National Cup*
- *First team and Development team match programme*
- *Individualised Player development programmes*
- *Access to SWA strength & conditioning gym with personal programme to follow*
- *Matches filmed and analysis sessions using HUDL*



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Additional Enrichment Opportunities

Additional opportunities may include but are not limited to;

- *FA Level 1 Coaching Qualification**
- *FA Referee Qualification**
- *Coaching opportunities within younger year group's Football teams and other BEST schools*
- *Volunteering opportunities at local primary school sporting events*
- *Football Tour (TBC)*
- *Annual Sports Awards Evening**
- *University Visits**
- *Support and guidance to assist with your applications for Universities in the U.K. or abroad, apprenticeships etc.*



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Training Opportunities

Training opportunities include but are not limited to;

- Off-season training programmes*
- Pre-season training programmes*
- In-Season training programmes*
- Individual Development Plans (One to One meetings)*
- Specialised sessions to develop key skills and team tactics*
- Strength & conditioning programmes and Gym Sessions*
- Match Analysis Sessions using HUDL (All players to have access to HUDL)*
- Recovery Sessions (Occasional Yoga session)*



Whitbread Football Academy

A typical 2 week timetable:



	1	2	3	4	Lun	5	A/S
MonA	It BTec NQF: Mr S Dwamant: 230	Football P Prep Time	Football Mr R J Nicholl 227	It BTec NQF: Mr S Dwamant: 230		It BTec NQF: Mr M K Barbe: 229	
TueA	Business St Miss C Gill 232	Business St Miss J M Philbin 225	It BTec NQF: P Prep Time	Business St Mr M A Jamil 231		Football Mr J Goldman 209	
WedA	It BTec NQF: Mr M K Barbe: 229	Sports Sgl P Prep Time	Sports Sgl Mr A D O'Neill 224	Football P Prep Time		Football Mr R J Nicholl 234	Football Mr Nicholl
ThuA	Sports Sgl Mr J K Hart 227	Football Mr J Goldman 136	Sports Sgl Mr J K Hart 227	Football P Prep Time		Business St Miss J M Philbin 225	Football Mr C J Marshall 136
FriA	It BTec NQF: Mr M K Barbe: 229	Business St P Prep Time	Sports Sgl Mr J K Hart 227	It BTec NQF: Mr M K Barbe: 229		Business St P Prep Time	
MonB	Business St Mr M A Jamil 231	Business St Miss J M Philbin 225	It BTec NQF: P Prep Time	Sports Sgl Mr J Goldman 227		It BTec NQF: Mr S Dwamant: 230	
TueB	Sports Sgl Mr A D O'Neill 227	It BTec NQF: P Prep Time	Sports Sgl P Prep Time	Sports Sgl P Prep Time		Business St Miss C Gill 232	
WedB	Sports Sgl Mr J Goldman 227	Business St Mr M A Jamil 231	Football Mr R J Nicholl 136			Football Mr J Goldman 136	Football Mr Nicholl
ThuB	Football Mr C J Marshall 426		It BTec NQF: Mr S Dwamant: 230	Business St Miss J M Philbin 225			Football Mr J Goldman 136
FriB	It BTec NQF: Mr S Dwamant: 230	Sports Sgl Mr A D O'Neill 227		Sports Sgl Mr J Goldman 231		Business St P Prep Time	



Football Academy Kit Package Compulsory Kit

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SWAF Classic II Sock
from £4.46



SWAF Park III Knit Short
from £0.90



SWAF Park VII Jersey (Short
Sleeve)
from £19.21



SWAF Academy 18 Tech
Pant
from £25.96



SWAF Park 20 Crew Drill
Top
from £77.46



SWAF Academy Team
Handbag
from £29.71



SWAF Academy Pro Drill
Top
from £36.46



Football Academy Kit Package Additional items

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SWAF Club Team Backpack
from £22.96



SWAF Team Club 19 Short
from £29.96



**SWAF Team Club 18 Polo
Shirt**
from £26.71



SWAF Team Club 19 Hoodie
from £37.96



**SWAF Academy Pro Knit
Track Jacket**
from £40.21



**SWAF Academy 18 Winter
Jacket**
from £84.71



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Thank you!

If you have any questions please feel free to email me at jgoldman@bestacademies.org.uk

I look forward to receiving your application to be part of the Whitbread Football Academy
2021-2023