

KS5 Curriculum Sequencing – Homework/Prep Time Work and Private Study Work: BTEC SPORT DOUBLE

Btec Sport homework, prep time work and private study work policy

All homework, prep time work and private study work in Btec sport is set on Edulink homework with a clear set date, due date and time allocation in order to meet the recommended Sixth Form requirement of 8-9 hours of homework/prep time work and/or private study work for the course each fortnight.

Homework	4 hours of homework will be set for each student across both sides of the course every fortnight. Homework will be checked for completion in future lessons using google classroom
Prep time work	3 hours of prep time work will be set per fortnight. Prep time work is linked to previously studied topic areas in order to prep for assessments and/or prepping for future lesson content. Prep time work reading and note taking is also set looking ahead to topics in future lessons. Prep time work will be checked for completion in future lessons.
Private study work	Pupils will receive private study from teachers to ensure they are meeting the 4 hours of the school's policy. This will range from independent study tasks and coursework to ensure pupils are meeting deadlines.

Sequencing of homework, prep time work and private study work

Year 12 BTEC SPORT

Area of subject learning checklist	Homework/Prep Time Work and Private Study work set
Unit 22	DOUBLE- TERM 1 Business in sport- Exam Business operations Task: Learners investigate how business operates in the sport and active leisure industry and how it responds to trends and other influences to meet the needs of clients and to benefit the business.

Task: Features and organisation of sport and active leisure businesses.
New business start ups within sport, scope and size of businesses.

Task: Aims of public and private sector organisations.

Task: RECAP questions to help misconceptions and prepare for exam.

Task: Do you think that paying an increased amount to access facilities in the private sector is a guarantee of a better overall service and of achieving fitness goals outcomes?

Task: Investigate a local sports or activity club that is available for school children during the summer holidays in your area. Examine its advertisement claims and compare this with the club's provision, staffing and legal requirements to undertake its activities. You should be prepared to present your findings.

Business operations slides to be online for pupils to aid understanding and help support pupils independent, prep and content learning.

Business models

Task: Job applications

Business models slides to be online for pupils to aid understanding and help support pupils independent, prep and content learning.

Human Resources

Task- Research into job descriptions, what qualifications do pupils need for their dream job.
Task: You are the owner of your own sports gym. You have a vacancy for a fitness instructor – create a job description to advertise this job in the local newspaper.

Task: You are the owner of Sports Direct
Create a leaflet of job advertisements for the 6 different types of employment with a brief description of what the job is and what it entails. At the bottom of the leaflet (the small print) you should briefly explain the benefits and risks of each type of employment

Human Resources slides to be online for pupils to aid understanding and help support pupils independent, prep and content learning.

Marketing

Task- 7 P's of Marketing.

Task- Recap questions.

Task- AIDA model research, how do sports companies use this?

Recap questions

Marketing slides to be online for pupils to aid understanding and help support pupils independent, prep and content learning.

Finance

Task: You need to research the following in business:

- Cash flow
- Fixed and variable costs
- Capital and operational costs
- See if you can complete a potential cash flow chart for a SAL business of your choice. Use these links to help. <https://www.inc.com/guides/business-plan-financial-section.html> and www.nuffieldhealth.com/about-us/reports/annual-2015/reports

Task: Learners should investigate what is needed to create a financial plan, including projected costs, equipment costs, employee wages etc. Learners should produce a financial plan template and then complete this for a SAL business of their choice. For example, the learner could choose to be a self-employed gym instructor. They would need to consider cash flow, fixed and variable costs, capital costs, operational costs and equipment costs. These figures can be estimated by looking at financial plans found online. The following page may be of use:

www.nuffieldhealth.com/about-us/reports/annual-2015/reports

Task: Case Study, professional teams not paying players or staff.

Finance slides to be online for pupils to aid understanding and help support pupils independent, prep and content learning.

Trends

Task: Identify a relatively new piece of technology introduced to the sports and active leisure industry.

- What has led to its introduction
- What impact has it had on sport / leisure
- How widely is it used?
- Do you think it is a positive change?

Task: Can an idea ever be risk free? Research into sports companies and trends they push.

Trends slides to be online for pupils to aid understanding and help support pupils independent, prep and content learning.

Unit 8

DOUBLE- TERM 1,2 AND 3

Coaching for performance

A: Investigate the skills, knowledge, qualities and best practice of performance coaches

B: Explore practices used to develop skills, techniques and tactics for performance

C: Demonstrate effective planning of coaching for performance

D: Explore the impact of coaching for performance

Pupils are required to complete assignments for this unit. Pupils will use their independent learning time to complete these activities as well as in lessons. The main focus of pupil time away from the classroom will be to complete assignments before the deadline that is set by the member of staff that teaches this unit.

Adams M et al – *BTEC Level 3 National Sport (Development, Coaching and Fitness) Student Book*
(Pearson, 2010) ISBN 9781846906503

	<p>Adams M et al – <i>BTEC Level 3 National Sport Teaching Resource Pack</i> (Pearson, 2010) ISBN 9781846906541</p> <p>Cassidy P – <i>Effective Coaching: Teaching Young People Sports and Sportsmanship</i> (Westholme Publishing, 2005) ISBN 9781594160141</p> <p>Craine N et al – <i>How to Coach Children in Sport – Coaching Essentials No. 6</i> (Coachwise Ltd, 2004) ISBN 9781902523538</p> <p>Cross N – <i>The Coaching Process: Principles and Practice for Sport</i> (Butterworth-Heinemann, 1999) ISBN 9780750641319</p> <p>Pyke F – <i>Better Coaching: Advanced Coach’s Manual</i> (Human Kinetics Europe Ltd, 2001) ISBN 9780736041133</p> <p>Websites Amateur Swimming Association www.britishswimming.org British Cycling www.britishcycling.org.uk British Gymnastics www.british-gymnastics.org.uk Coach wise www.1st4sport.co.uk English Basketball Association www.englandbasketball.co.uk Sports Leaders UK www.sportsleaders.org The British Olympic Association www.olympics.org.uk The Football Association www.thefa.com The Lawn Tennis Association www.lta.org.uk The Rugby Football Union www.rfu.com UK Athletics www.ukathletics.net UK Sport www.uksport.gov.uk</p>
Unit 23 KB D	<p>Double Term 2 and 3 Skill acquisition in sport A: Investigate the nature of skilled performance B: Examine ways that sports performers process information for skilled performance C: Explore theories of teaching and learning in sport D: Carry out teaching and learning strategies for sports skills</p> <p>Pupils are required to complete assignments for this unit. Pupils will use their independent learning time to complete these activities as well as in lessons. The main focus of pupil time away from the classroom will be to complete assignments before the deadline that is set by the member of staff that teaches this unit.</p> <p>Academic reading to prepare pupils for these assignments. Brian Mac, Sports Coach www.brianmac.co.uk British Association of Sport and Exercise Sciences www.bases.org.uk British Broadcasting Corporation www.bbc.co.uk Peak Performance www.pponline.co.uk Top End Sports www.topendsports.com</p>

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Unit 4	<p>A: Understand the roles, qualities and characteristics of an effective sports leader B: Examine the importance of psychological factors and their link with effective leadership C: Explore an effective leadership style when leading a team during sport and exercise activities.</p> <p>Pupils are required to complete assignments for this unit. Pupils will use their independent learning time to complete these activities as well as in lessons. The main focus of pupil time away from the classroom will be to complete assignments before the deadline that is set by the member of staff that teaches this unit.</p> <p>Academic reading to prepare pupils for these assignments.</p> <p>Dorfman, H A – <i>Coaching the Mental Game: Leadership Philosophies and Strategies for Peak Performance in Sports and Everyday Life</i> (Taylor Trade, 2005) ISBN 9781589792586</p> <p>Edginton C et al – <i>Leadership for Recreation and Leisure Programs and Settings</i> (Sports Publishing, 1999) ISBN 9781571674371</p> <p>Hellison P and Martinek T – <i>Youth Leadership in Sport and Physical Education</i> (Palgrave Macmillan, 2009) ISBN 9780230612365</p> <p>Martens R – <i>Successful Coaching</i> (Human Kinetics Europe, 2004) ISBN 9780736040129</p> <p>Rhodes R and Hayward S – <i>Basic Coaching Skills: Building Leadership in Youth Sports. Based on the National Standard for Athletic Coaches</i> (American Coaching Institute, 2000) ISBN 9780967794105</p> <p>American College of Sports Medicine www.acsm.org British Association of Sport and Exercise Sciences www.bases.org.uk Coachwise www.1st4sport.com Human Kinetics www.humankinetics.com Sport Science www.sportsci.org Sports Coach UK www.sportscoachuk.org Top End Sports www.topendsports.com</p>
Unit 23	<p>Skill acquisition in sport A: Investigate the nature of skilled performance B: Examine ways that sports performers process information for skilled performance C: Explore theories of teaching and learning in sport D: Carry out teaching and learning strategies for sports skills</p> <p>Pupils are required to complete assignments for this unit. Pupils will use their independent learning time to complete these activities as well as in lessons. The main focus of pupil time away from the classroom will be to complete assignments before the deadline that is set by the member of staff that teaches this unit.</p> <p>Academic reading to prepare pupils for these assignments.</p> <p>Brian Mac, Sports Coach www.brianmac.co.uk British Association of Sport and Exercise Sciences www.bases.org.uk</p>

	<p>British Broadcasting Corporation www.bbc.co.uk Peak Performance www.pponline.co.uk Top End Sports www.topendsports.com</p>
<p>Unit 26</p>	<p>26: Technical and Tactical Demands of Sport A: Examine the technical skills and tactical components of sport that contribute to effective performance. B: Investigate methods to measure technical and tactical performance in sport C: Explore the technical and tactical performance at different stages of the performance continuum.</p> <p>Pupils are required to complete assignments for this unit. Pupils will use their independent learning time to complete these activities as well as in lessons. The main focus of pupil time away from the classroom will be to complete assignments before the deadline that is set by the member of staff that teaches this unit.</p> <p>Academic reading to prepare pupils for these assignments.</p> <p>Expert (2011), <i>How to Play Badminton – Including Official Rules</i> (Foulsham's Sports Library), Read Books, ISBN 978 1 44742 668 4.</p> <p>Gledhill, A., et al. (2016), <i>BTEC Nationals Sport Student Book 1</i>, Pearson Education, ISBN 9781292134000.</p> <p>Hinkson, J. and Lombardi, J. (2011), <i>Lacrosse For Dummies</i>, 2nd edition, Wiley Publishing, ISBN 978 0 47073 855 9.</p> <p>Websites</p> <p>www.britishswimming.org Amateur Swimming Association</p> <p>www.badmintonengland.co.uk Badminton Association of England</p> <p>www.britishcycling.org.uk British Cycling</p> <p>http://www.british-gymnastics.org British Gymnastics</p> <p>http://www.teamgb.com/ The British Olympic Association</p> <p>www.britishvolleyball.org British Volleyball Association</p> <p>www.englandbasketball.co.uk English Basketball Association</p> <p>www.thefa.com The Football Association</p> <p>www.lta.org.uk The Lawn Tennis Association</p>