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| **Topic area:** Psychological problems – how would they affect you? | Done. | EOTT RAG | Revision checklist  RAG. |
| I can describe the symptoms of unipolar depression. |  |  |  |
| I can explain how many symptoms would be displayed for mild, moderate & severe depression. |  |  |  |
| I can explain features of depression such as incidences of depression over time, whether males or females are more affected. |  |  |  |
| I can explain how depression affects individuals and wider society. |  |  |  |
| I can describe how genetics may affect depression including results from twin studies. |  |  |  |
| I can describe two strengths and two weaknesses of the genetic explanation for aggression. |  |  |  |
| I can explain what is meant by serotonin and genetic predisposition and their link to depression. |  |  |  |
| I can explain what is meant by the diathesis stress model. |  |  |  |
| I can explain the beliefs of the cognitive theory in why depression occurs. |  |  |  |
| I can explain Beck’s cognitive triad and how it links to depression. |  |  |  |
| I can give examples related to Ellis’ ABC model in how depression might occur. |  |  |  |
| I can explain two strengths and two weaknesses of the cognitive explanation of depression. |  |  |  |
| I can describe the learning theory (classical conditioning, operant conditioning and social learning theory) of addiction. |  |  |  |
| I can explain strengths and two weaknesses of the learning theory of addiction. |  |  |  |
| I can outline how functional analysis and skills training are used in CBT to help treat addictive behaviour. |  |  |  |
| I can explain two strengths and two weaknesses of using CBT to treat addiction. |  |  |  |
| I can explain how drugs are used to treat addiction including the impact on the patient as well as the rationale behind using drugs. |  |  |  |
| I can explain two strengths and two weaknesses of using drugs to treat addiction. |  |  |  |
| I can describe the aim, procedure, results and conclusions of the Capsi study into genetics and depression. |  |  |  |
| I can explain two strengths and two weaknesses of the Capsi study. |  |  |  |
| I can explain the aim, procedure, results and conclusions of the Young study into using CBT to treat internet addiction. |  |  |  |
| I can explain two strengths and two weaknesses of the Young study. |  |  |  |