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| **Topic area:** Psychological problems – how would they affect you? | Done. | EOTT RAG | Revision checklistRAG. |
| I can describe the symptoms of unipolar depression.  |  |  |  |
| I can explain how many symptoms would be displayed for mild, moderate & severe depression. |  |  |  |
| I can explain features of depression such as incidences of depression over time, whether males or females are more affected.  |  |  |  |
| I can explain how depression affects individuals and wider society.  |  |  |  |
| I can describe how genetics may affect depression including results from twin studies.  |  |  |  |
| I can describe two strengths and two weaknesses of the genetic explanation for aggression.  |  |  |  |
| I can explain what is meant by serotonin and genetic predisposition and their link to depression.  |  |  |  |
| I can explain what is meant by the diathesis stress model.  |  |  |  |
| I can explain the beliefs of the cognitive theory in why depression occurs.  |  |  |  |
| I can explain Beck’s cognitive triad and how it links to depression. |  |  |  |
| I can give examples related to Ellis’ ABC model in how depression might occur. |  |  |  |
| I can explain two strengths and two weaknesses of the cognitive explanation of depression.  |  |  |  |
| I can describe the learning theory (classical conditioning, operant conditioning and social learning theory) of addiction.  |  |  |  |
| I can explain strengths and two weaknesses of the learning theory of addiction.  |  |  |  |
| I can outline how functional analysis and skills training are used in CBT to help treat addictive behaviour.  |  |  |  |
| I can explain two strengths and two weaknesses of using CBT to treat addiction.  |  |  |  |
| I can explain how drugs are used to treat addiction including the impact on the patient as well as the rationale behind using drugs. |  |  |  |
| I can explain two strengths and two weaknesses of using drugs to treat addiction.  |  |  |  |
| I can describe the aim, procedure, results and conclusions of the Capsi study into genetics and depression.  |  |  |  |
| I can explain two strengths and two weaknesses of the Capsi study.  |  |  |  |
| I can explain the aim, procedure, results and conclusions of the Young study into using CBT to treat internet addiction.  |  |  |  |
| I can explain two strengths and two weaknesses of the Young study.  |  |  |  |