



Y10 DANCE - CURRICULUM PLANNING SEQUENCE

Subject	Year	Term	Big Ideas	Topics	Subject Learning Checklist
DANCE GCSE	Year 10	Term 1 - 35 hrs	Appreciation	Anthology: Study set works A Linha Curva and Infra (AO4)	To understand the stimulus, choreographic intentions, themes and choreographic approach of both works To analyse the costume and how it supports the stimulus/intentions/themes To analyse the lighting and how it supports the stimulus/intentions/themes To analyse the aural setting and how it supports the stimulus/intentions/themes To analyse the performance environment and physical setting and how it supports the stimulus/intentions/themes To analyse the choreographic content and how it supports the stimulus/intentions/themes To understand how to answer a 12 mark question on the Anthology works
				Safe Dance Practice (AO3)	To know how to be safe in the dance studio (how to dress & how the room should be) To know how to warm up and the benefits of warming up To know how to cool down and the benefits of cooling down To know basic injury prevention such as RICE To know the importance of nutrition and hydration To understand the importance of mental skills and attributes
			Choreography	Choreography Tasks based on A Linha Curva and Infra (AO2)	To develop knowledge of action, dynamic, space and relationship content To develop knowledge of structure and form To develop knowledge of choreographic devices To be able to display these in a group and solo choreography task
		Performance	Performance in a Group and Solo Performance (AO1)	To understand Performance skills and how they enhance performance To learn a set of physical skills and display them in performance To learn a set of expressive skills and display them in performance	
		Term 2 - 30 hrs	Appreciation	Anthology: Study set works Artificial Things and Emancipation of Expressionism (AO4)	To understand the stimulus, choreographic intentions, themes and choreographic approach of both works To analyse the costume and how it supports the stimulus/intentions/themes To analyse the lighting and how it supports the stimulus/intentions/themes To analyse the aural setting and how it supports the stimulus/intentions/themes To analyse the performance environment and physical setting and how it supports the stimulus/intentions/themes To analyse the choreographic content and how it supports the stimulus/intentions/themes To develop understanding of how to answer 12 mark question on the Anthology works
				Mental Skills and attributes (AO3)	To understand how systematic repetition supports performance improvement To understand how mental rehearsal supports performance improvement To understand how rehearsal discipline supports performance improvement To understand how planning a rehearsal supports performance improvement To understand how responding to feedback enables you the capacity to improve
			Choreography	Duet choreography Task based on Emancipation of Expressionism (AO2)	To develop knowledge of action, dynamic, space and relationship content To develop knowledge of structure and form To develop knowledge of choreographic devices To understand the importance of choosing the correct aural setting for a choreography To be able to display these in a group choreography task To apply choreographic knowledge to show the groups choreographic intentions behind stimulus
		Performance	Solo performance Skills developed through Set Phrase Breathe (AO1)	To understand the difference between solo and group performance skills To develop physical skills and apply them to solo performance To develop expressive skills and apply them to solo performance To develop technical skills and apply them to a performance To develop mental skills and apply them to a performance To learn exam set phrase <i>Breathe</i> and apply performance skills to your performance for a mock exam	
		Term 3- 30 hours	Appreciation	Anthology: Study set works Shadows and Within Her Eyes (AO4)	To understand the stimulus, choreographic intentions, themes and choreographic approach of both works To analyse the costume and how it supports the stimulus/intentions/themes To analyse the lighting and how it supports the stimulus/intentions/themes To analyse the aural setting and how it supports the stimulus/intentions/themes To analyse the performance environment and physical setting and how it supports the stimulus/intentions/themes To analyse the choreographic content and how it supports the stimulus/intentions/themes To refine and polish technique for answering a 12 mark question on the Anthology works
				Writing knowledge and understanding and skills for performance in 6 mark questions AO3)	To understand the structure of a 6 mark question To understand how to write about Performance skills enhancing quality of performance To peer mark 6 markers
			Choreography	Group Choreography Task based on Shadows (AO2)	To develop knowledge of action, dynamic, space and relationship content To develop knowledge of structure and form To develop knowledge of choreographic devices To understand the importance of choosing the correct aural setting for a choreography To be able to display these in a group choreography task To apply choreographic knowledge to show the groups choreographic intentions behind stimulus
			Performance	Solo performance Skills developed through Set Phrase Shift (AO1)	To understand the difference between solo and group performance skills To develop physical skills and apply them to solo performance To develop expressive skills and apply them to solo performance To develop technical skills and apply them to a performance To develop mental skills and apply them to a performance To learn exam set phrase <i>Breathe</i> and apply performance skills to your performance for a mock exam