

MAIN MEALS

From £2.65

01/09/25,
22/09/25,06/10/25

AUTUMN MENU
WEEK ONE



LOOK OUT
FOR DAILY
★ THEME BARS, ★
JACKET POTATOES
& SALAD BAR



PASTA STATION

MONDAY

Bolognese (G), Basil Pesto (G,E,Mk),
Macaroni Cheese (G,Mk)

TUESDAY

Bolognese (G), Basil Pesto (G,E,Mk)

WEDNESDAY

Bolognese (G), Basil Pesto (G,E,Mk),
Macaroni Cheese (G,Mk)

THURSDAY

Bolognese (G), Basil Pesto (G,E,Mk),
Macaroni Cheese (G,Mk)

FRIDAY

Pepperoni Mac & Cheese with Crispy
Onions (G,Mk,Mu)

From £2.65

MON

TUE

WED

THU

FRI

★ MASALA MOMENTS ★

Chicken Tikka Masala
with Mango Chutney
(Mu)

Vegetable Tikka Masala
with Mango Chutney
(Mu)

Pilau Rice
Spicy Roasted Cauliflower

Extras: Naan Bread (G)

★ AMERICAN DINER ★

Buttermilk Chicken Burger
with Ranch Slaw
(G,E,So,Se,Mk)

Pizza Mac & Cheese with
Garlic & Herb Bread
(G,Mk,So)

Cajun Corn & Peppers
Seasoned Fries

Extras: Onion Rings (G)

★ ROAST ★

Roast Pork Or Turkey with
Stuffing & Herb Gravy (G)

Creamy Butternut &
Vegetable Pie With Crunchy
Crust (G,Mk)

Crunchy Roast Potatoes
Savoy Cabbage & Carrots

Extras: Yorkshire Pudding
(G,E,Mk)

★ TASTE OF JAMAICA ★

Jamaican Jerk Chicken
with Jerk Gravy

Jamaican Jerk Eat Curious
with Jerk Gravy

Coconut Rice & Peas
Caribbean Coleslaw
(E,Mk,So)

Extras: Flatbread (G,Mk,So)

★ FISH & CHIP SHOP ★

Battered Fish Fillet
(G,F)

Crispy Chicken Tenders
(G,Ce,Mk,Mu,So)

Cheese & Onion Pasty
(G,Mk)

Chips
Peas
Baked Beans

Extras: Curry Sauce (Mk,So)

Meal-Deal
Only £3.00

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GLOBAL EATS

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MON

TUE

WED

THU

FRI

Hot Dogs with
Mustard &
Pickled Red
Onions
(G,Mu,Se,Su)

Cheesy BBQ
Loaded Fries
with Crispy
Onions (G,Mk)

Korean Chicken
Rice Bowl with
Hot Chilli Sauce
(G,Se,So)

Mexican
Chicken Panini
with Tortilla
Chips (G,Mk,So)

Nacho Basket
with Coriander
Salsa (Mk,So)

DESSERTS

MONDAY

Double Chocolate Pudding (G,E,Mk,So)

TUESDAY

Berry Flapjack Crumble (G)

WEDNESDAY

Toffee & Banana Cake (G,E,Mk,So)

THURSDAY

Pancakes With Toffee Sauce (G,E,Mk)

FRIDAY

Cookies & Cream Sponge (G,E,Mk,So)

From £1.58

ALLERGENS

we're allergy gurus!

Speak to one
of our chefs if
you have any
allergies.

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MAIN MEALS

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08/09/25,
29/09/25,13/10/25

AUTUMN MENU
WEEK TWO



MON	TUE	WED	THU	FRI
★ TEX-MEX ★	★ TASTE OF BRAZIL ★	★ HOME COMFORTS ★	★ KATSU KITCHEN ★	★ FISH & CHIP SHOP ★
Smoky Beef Eat Curious Chilli Con Carne with Salsa	Zesty Brazilian Chicken (G)	Butchers Sausages with Caramelised Onion Gravy (G,Su)	Crispy Chicken Katsu (G,E) with Curry Sauce (G,So)	Battered Fish Fillet (G,F)
Eat Curious Smoky Veggie Chilli with Salsa	Butternut & Sweet Potato Moqueca	Grilled Veggie Sausages with Caramelised Onion Gravy (G,Ce)	Crispy Sweet Potato Katsu (G,E) with Curry Sauce (G,So)	Jumbo Sausage (G,Su)
Nachos (So)	Lime & Coriander Rice Creamy Corn (MK)	Creamy Mashed Potatoes Roasted Broccoli	Steamed Rice Asian Salad	Crispy Vegetable Spring Rolls with Curry Sauce (G,Mk,Se,So)
Roasted Corn & Peppers	Extras: Cheesy Garlic Bread Balls (G,Mk)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Prawn Crackers (Cr,Su)	Chips Peas Baked Beans
Extras: Spicy Potato Wedges				Extras: Curry Sauce (Mk,So)

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GLOBAL EATS

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MON	TUE	WED	THU	FRI
Piri Piri Halloumi Wraps (G,E,Mk,Su)	Beef Burger in a Bun with Salad & Pickles (G,Se,So,Su)	Korean BBQ Chicken Wings & Rice (G,So,Se, Mu,Ce)	Cheesy Pepperoni Tater Tots (G,Mk)	Vietnamese Chicken Buncha (G,E,So)

DESSERTS

MONDAY Pineapple Upside Down Sponge (G,E,Mk,So,Su)
TUESDAY Sticky Ginger Cake (G,E,Mk)
WEDNESDAY Caramel Apple Shortbread Crumble and Custard (G,E,Mk,So)
THURSDAY Frosted Carrot & Orange Cake (G,E,Mk)
FRIDAY Chocolate Brownie (G,E) From £1.58

PASTA STATION

MONDAY Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
TUESDAY Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
WEDNESDAY Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
THURSDAY Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
FRIDAY Mac & Cheese with Crispy Bacon & Spring Onion Crumb (G,Mk,Mu,So)

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15/09/25,
01/10/25,20/10/25

AUTUMN MENU
WEEK THREE



MON	TUE	WED	THU	FRI
★ TASTE OF ITALY ★	★ PIZZA NAANS ★	★ BURGER BAR ★	★ TEX-MEX ★	★ FISH & CHIP SHOP ★
Penne Bolognaise Pasta Bake (G,Mk) with Garden Salad Mediterranean Vegetable Lasagne (G,E,Mk) with Garden Salad Baked Potato Wedges Steamed Seasonal Greens Extras: Garlic Bread (G,Mk,So)	Smothered Pizza Naan with Tandoori Chicken & Minty Yoghurt (G,E,Mk) Smothered Pizza Naan with Sweet Chilli Paneer & Minty Yoghurt (G,E,Mk) Masala Fries Spiced Roasted Chick Peas (G) Extras: Mini Samosa (G,So)	Quarter Pound Beef Burger in a Bun (G,Se,Su,So) or Hot Honey Chicken Burger in a Bun (G,Se) Crispy Falafel Burger in a Bun (G,Se) Oven Baked Wedges Crunchy Seasonal Salad Extras: Onion Rings (G)	Mucho Mexican Chicken Burrito Bowl (G,Mk,So) Mucho Mexican Eat Curious Vegetable Burrito Bowl (G,Mk,So) Zesty Lime Rice Spicy Pinto Beans (G,So) Extras: Tortilla Chips (So)	Battered Fish Fillet (G,F) Crispy Chicken Tenders (G,Ce,Mk,Mu,So) Crispy Vegetable Samosa with Mango Chutney (G,Mu) Chips Peas Baked Beans Extras: Curry Sauce (Mk,So)

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MON	TUE	WED	THU	FRI
Beef Keema Curry With Rice	Chicken Chow Mein (G,E,So)	Beef Chilli Loaded Waffle Fries (Mk)	Fajita Chicken Nachos (Mk,So)	Pepperoni Marinara Panini with Nachos (G,Mk,So)

DESSERTS

MONDAY Autumn Pear & Berry Crumble with Custard (G,E,Mk,So)	TUESDAY Tip to Toe Banana & Chocolate Brownie (G,E,Mk,So)	WEDNESDAY Lemon & White Chocolate Drizzle Cake (G,E,Mk,So)	THURSDAY Sticky Toffee Pudding (G,E,Mk,Su)	FRIDAY Cherry & Coconut Flapjacks (G,Su)
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From £1.58

PASTA STATION

MONDAY Chicken Balti Rice Pot (G) Vegan Chilli Sin Carne Rice Pot (G,Ce,So)	TUESDAY Bolognaise (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)	WEDNESDAY Bolognaise (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)	THURSDAY Bolognaise (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)	FRIDAY Mac & Cheese with Crushed Nachos & Salsa (G,Mk,So)
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